

Sand Shoal Inlet, VA - May 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:39	4.4	1:03	3.3	7:01	0.3	7:00	0.4	6:08	7:51	
2	Fri	1:31	4.1	1:58	3.2	7:53	0.5	7:56	0.6	6:07	7:52	
3	Sat	2:26	3.8	2:56	3.3	8:44	0.6	8:54	0.7	6:06	7:53	
4	Sun	3:23	3.7	3:55	3.4	9:33	0.7	9:51	0.7	6:05	7:54	
5	Mon	4:19	3.6	4:49	3.7	10:20	0.6	10:47	0.7	6:04	7:55	
6	Tue	5:10	3.6	5:36	3.9	11:05	0.6	11:39	0.6	6:02	7:56	
7	Wed	5:56	3.7	6:20	4.3	11:47	0.5			6:01	7:57	
8	Thu	6:40	3.7	7:02	4.5	12:27	0.4	12:29	0.3	6:00	7:58	
9	Fri	7:22	3.8	7:44	4.8	1:11	0.3	1:10	0.2	5:59	7:59	
10	Sat	8:04	3.9	8:26	5.0	1:53	0.2	1:50	0.1	5:58	7:59	
11	Sun	8:46	3.9	9:08	5.1	2:35	0.1	2:31	0.1	5:58	8:00	
12	Mon	9:29	3.9	9:51	5.2	3:17	0.0	3:12	0.0	5:57	8:01	
13	Tue	10:13	3.9	10:36	5.2	4:01	0.0	3:56	0.0	5:56	8:02	
14	Wed	10:59	3.8	11:23	5.1	4:48	0.1	4:44	0.1	5:55	8:03	
15	Thu	11:47	3.8			5:37	0.1	5:36	0.1	5:54	8:04	
16	Fri	12:12	5.0	12:39	3.8	6:29	0.2	6:33	0.2	5:53	8:05	
17	Sat	1:05	4.8	1:36	3.9	7:23	0.2	7:34	0.3	5:52	8:06	
18	Sun	2:02	4.5	2:39	4.0	8:19	0.1	8:39	0.3	5:52	8:06	
19	Mon	3:03	4.3	3:43	4.2	9:14	0.0	9:44	0.2	5:51	8:07	
20	Tue	4:05	4.2	4:44	4.5	10:09	-0.1	10:49	0.1	5:50	8:08	
21	Wed	5:06	4.1	5:42	4.8	11:04	-0.2	11:52	-0.1	5:49	8:09	
22	Thu	6:02	4.0	6:36	5.1	11:58	-0.3			5:49	8:10	
23	Fri	6:56	4.0	7:27	5.3	12:51	-0.2	12:50	-0.4	5:48	8:10	
24	Sat	7:47	3.9	8:16	5.4	1:45	-0.3	1:39	-0.5	5:47	8:11	
25	Sun	8:37	3.9	9:05	5.3	2:34	-0.4	2:27	-0.5	5:47	8:12	
26	Mon	9:25	3.8	9:52	5.2	3:22	-0.3	3:13	-0.4	5:46	8:13	
27	Tue	10:13	3.7	10:38	5.0	4:08	-0.2	4:00	-0.2	5:46	8:13	
28	Wed	10:59	3.6	11:23	4.7	4:54	0.0	4:47	0.0	5:45	8:14	
29	Thu	11:46	3.5			5:40	0.1	5:35	0.2	5:45	8:15	
30	Fri	12:09	4.4	12:33	3.5	6:26	0.3	6:26	0.4	5:44	8:16	
31	Sat	12:55	4.1	1:23	3.4	7:12	0.4	7:19	0.6	5:44	8:16	