

Sand Shoal Inlet, VA - Jul 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:48	3.7	2:25	3.8	7:53	0.5	8:25	0.9	5:45	8:27	
2	Wed	2:38	3.5	3:19	3.9	8:38	0.6	9:20	0.9	5:46	8:27	
3	Thu	3:31	3.4	4:13	4.1	9:26	0.5	10:16	0.8	5:46	8:27	
4	Fri	4:26	3.4	5:05	4.4	10:16	0.5	11:12	0.7	5:47	8:27	
5	Sat	5:19	3.4	5:56	4.7	11:07	0.3			5:47	8:27	
6	Sun	6:11	3.6	6:45	5.0	12:06	0.5	11:59 AM	0.1	5:48	8:26	
7	Mon	7:01	3.8	7:34	5.3	12:58	0.3	12:51	-0.1	5:49	8:26	
8	Tue	7:51	3.9	8:22	5.5	1:46	0.1	1:41	-0.2	5:49	8:26	
9	Wed	8:41	4.1	9:11	5.6	2:34	-0.1	2:31	-0.4	5:50	8:26	
10	Thu	9:31	4.3	9:59	5.6	3:20	-0.3	3:21	-0.5	5:50	8:25	
11	Fri	10:22	4.5	10:48	5.4	4:08	-0.4	4:14	-0.4	5:51	8:25	
12	Sat	11:14	4.6	11:37	5.1	4:56	-0.4	5:08	-0.3	5:52	8:25	
13	Sun			12:07	4.6	5:45	-0.4	6:06	-0.1	5:52	8:24	
14	Mon	12:27	4.7	1:02	4.6	6:37	-0.3	7:07	0.0	5:53	8:24	
15	Tue	1:21	4.3	2:01	4.6	7:30	-0.2	8:11	0.2	5:54	8:23	
16	Wed	2:18	3.9	3:04	4.6	8:24	-0.1	9:16	0.3	5:54	8:23	
17	Thu	3:20	3.6	4:09	4.6	9:21	0.0	10:23	0.4	5:55	8:22	
18	Fri	4:24	3.4	5:11	4.7	10:19	0.0	11:29	0.4	5:56	8:22	
19	Sat	5:25	3.3	6:07	4.7	11:16	0.0			5:56	8:21	
20	Sun	6:20	3.4	6:58	4.8	12:29	0.3	12:12	0.0	5:57	8:21	
21	Mon	7:10	3.5	7:44	4.8	1:19	0.2	1:03	-0.1	5:58	8:20	
22	Tue	7:57	3.6	8:27	4.8	2:03	0.1	1:49	-0.1	5:59	8:19	
23	Wed	8:41	3.7	9:08	4.8	2:42	0.1	2:32	-0.1	6:00	8:19	
24	Thu	9:23	3.8	9:48	4.7	3:19	0.1	3:14	0.0	6:00	8:18	
25	Fri	10:05	3.9	10:27	4.6	3:54	0.1	3:55	0.1	6:01	8:17	
26	Sat	10:46	4.0	11:05	4.4	4:30	0.2	4:36	0.2	6:02	8:16	
27	Sun	11:27	4.0	11:44	4.2	5:07	0.3	5:19	0.4	6:03	8:15	
28	Mon			12:09	4.0	5:45	0.4	6:05	0.6	6:03	8:15	
29	Tue	12:24	3.9	12:54	4.0	6:25	0.5	6:53	0.8	6:04	8:14	
30	Wed	1:07	3.7	1:41	4.0	7:08	0.6	7:45	0.9	6:05	8:13	
31	Thu	1:54	3.5	2:34	4.1	7:54	0.6	8:40	1.0	6:06	8:12	