

Sand Shoal Inlet, VA - Aug 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:47	3.4	3:31	4.2	8:44	0.6	9:38	1.0	6:07	8:11	
2	Sat	3:45	3.4	4:29	4.5	9:38	0.5	10:37	0.8	6:08	8:10	
3	Sun	4:44	3.5	5:25	4.8	10:34	0.4	11:35	0.6	6:08	8:09	
4	Mon	5:40	3.7	6:18	5.1	11:31	0.2			6:09	8:08	
5	Tue	6:34	4.0	7:09	5.4	12:29	0.4	12:27	-0.1	6:10	8:07	
6	Wed	7:27	4.3	7:59	5.6	1:20	0.1	1:21	-0.3	6:11	8:06	
7	Thu	8:19	4.6	8:49	5.7	2:08	-0.2	2:14	-0.5	6:12	8:05	
8	Fri	9:10	4.8	9:38	5.6	2:55	-0.4	3:06	-0.6	6:13	8:04	
9	Sat	10:02	5.0	10:27	5.4	3:42	-0.5	3:59	-0.6	6:13	8:03	
10	Sun	10:53	5.1	11:16	5.0	4:29	-0.5	4:53	-0.4	6:14	8:02	
11	Mon	11:46	5.1			5:18	-0.4	5:50	-0.2	6:15	8:00	
12	Tue	12:06	4.6	12:40	5.0	6:10	-0.3	6:51	0.1	6:16	7:59	
13	Wed	12:59	4.2	1:39	4.8	7:03	-0.1	7:54	0.3	6:17	7:58	
14	Thu	1:56	3.8	2:42	4.7	8:00	0.0	9:00	0.5	6:18	7:57	
15	Fri	2:59	3.5	3:49	4.5	8:59	0.2	10:08	0.6	6:19	7:56	
16	Sat	4:06	3.3	4:55	4.5	10:00	0.3	11:15	0.6	6:19	7:54	
17	Sun	5:10	3.3	5:53	4.6	11:00	0.3			6:20	7:53	
18	Mon	6:05	3.4	6:42	4.6	12:13	0.5	11:57 AM	0.2	6:21	7:52	
19	Tue	6:53	3.6	7:25	4.7	1:00	0.4	12:47	0.2	6:22	7:51	
20	Wed	7:36	3.8	8:04	4.7	1:39	0.4	1:31	0.1	6:23	7:49	
21	Thu	8:16	4.0	8:42	4.7	2:13	0.3	2:12	0.1	6:24	7:48	
22	Fri	8:56	4.2	9:19	4.7	2:46	0.3	2:51	0.1	6:24	7:47	
23	Sat	9:36	4.3	9:57	4.5	3:19	0.3	3:30	0.2	6:25	7:45	
24	Sun	10:15	4.4	10:34	4.4	3:53	0.3	4:09	0.3	6:26	7:44	
25	Mon	10:54	4.4	11:12	4.2	4:28	0.4	4:50	0.5	6:27	7:43	
26	Tue	11:35	4.4	11:50	4.0	5:04	0.5	5:33	0.7	6:28	7:41	
27	Wed			12:17	4.4	5:43	0.6	6:20	0.8	6:29	7:40	
28	Thu	12:31	3.8	1:02	4.4	6:26	0.7	7:11	1.0	6:29	7:38	
29	Fri	1:16	3.6	1:54	4.4	7:14	0.7	8:07	1.0	6:30	7:37	
30	Sat	2:10	3.5	2:53	4.4	8:08	0.7	9:06	1.0	6:31	7:36	
31	Sun	3:11	3.5	3:55	4.6	9:06	0.7	10:06	0.9	6:32	7:34	