

Sand Shoal Inlet, VA - Oct 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:52	4.2	5:24	5.1	10:48	0.3	11:31	0.3	6:58	6:47	
2	Thu	5:50	4.7	6:19	5.2	11:49	0.0			6:59	6:46	
3	Fri	6:44	5.1	7:11	5.3	12:23	0.0	12:47	-0.3	6:59	6:44	
4	Sat	7:36	5.5	8:01	5.2	1:12	-0.3	1:42	-0.5	7:00	6:43	
5	Sun	8:28	5.8	8:52	5.1	2:00	-0.5	2:35	-0.6	7:01	6:41	
6	Mon	9:19	5.9	9:42	4.9	2:47	-0.6	3:28	-0.5	7:02	6:40	
7	Tue	10:10	5.9	10:31	4.6	3:35	-0.5	4:20	-0.3	7:03	6:38	
8	Wed	11:01	5.7	11:22	4.3	4:24	-0.4	5:14	-0.1	7:04	6:37	
9	Thu	11:53	5.3			5:15	-0.1	6:11	0.2	7:05	6:35	
10	Fri	12:14	3.9	12:48	5.0	6:10	0.1	7:11	0.4	7:06	6:34	
11	Sat	1:10	3.6	1:47	4.6	7:09	0.4	8:13	0.6	7:07	6:32	
12	Sun	2:11	3.5	2:50	4.3	8:10	0.6	9:14	0.8	7:07	6:31	
13	Mon	3:18	3.4	3:55	4.2	9:13	0.7	10:12	0.8	7:08	6:30	
14	Tue	4:23	3.5	4:53	4.1	10:14	0.7	11:02	0.8	7:09	6:28	
15	Wed	5:17	3.8	5:40	4.1	11:11	0.7	11:45	0.7	7:10	6:27	
16	Thu	6:02	4.0	6:22	4.2			12:01	0.6	7:11	6:25	
17	Fri	6:42	4.3	7:01	4.2	12:22	0.6	12:45	0.5	7:12	6:24	
18	Sat	7:21	4.6	7:39	4.3	12:57	0.5	1:25	0.4	7:13	6:23	
19	Sun	7:59	4.8	8:17	4.3	1:32	0.4	2:04	0.4	7:14	6:21	
20	Mon	8:38	5.0	8:56	4.2	2:07	0.3	2:42	0.3	7:15	6:20	
21	Tue	9:17	5.0	9:35	4.2	2:43	0.3	3:21	0.4	7:16	6:19	
22	Wed	9:57	5.1	10:14	4.0	3:20	0.3	4:02	0.5	7:17	6:17	
23	Thu	10:38	5.0	10:55	3.9	3:58	0.4	4:45	0.6	7:18	6:16	
24	Fri	11:21	5.0	11:39	3.8	4:40	0.5	5:31	0.7	7:19	6:15	
25	Sat			12:06	4.9	5:26	0.6	6:22	0.7	7:20	6:14	
26	Sun	12:27	3.7	11:57 AM	4.8	5:19	0.6	6:16	0.7	6:21	5:13	
27	Mon	12:21	3.7	12:54	4.7	6:18	0.6	7:13	0.7	6:22	5:11	
28	Tue	1:23	3.8	1:55	4.6	7:21	0.6	8:10	0.5	6:23	5:10	
29	Wed	2:29	4.0	2:58	4.6	8:26	0.5	9:06	0.3	6:24	5:09	
30	Thu	3:32	4.4	3:58	4.7	9:30	0.3	10:01	0.1	6:25	5:08	
31	Fri	4:30	4.8	4:54	4.7	10:33	0.0	10:54	-0.2	6:26	5:07	