

Sand Shoal Inlet, VA - Nov 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:25	5.3	5:47	4.7	11:33	-0.2	11:45	-0.4	6:27	5:06	
2	Sun	6:17	5.6	6:39	4.7			12:28	-0.4	6:28	5:05	
3	Mon	7:08	5.8	7:29	4.6	12:35	-0.6	1:21	-0.5	6:29	5:04	
4	Tue	7:59	5.9	8:20	4.4	1:23	-0.6	2:12	-0.5	6:30	5:03	
5	Wed	8:50	5.8	9:10	4.2	2:11	-0.6	3:03	-0.3	6:31	5:02	
6	Thu	9:40	5.5	10:00	4.0	3:00	-0.4	3:55	-0.1	6:32	5:01	
7	Fri	10:30	5.2	10:50	3.7	3:50	-0.2	4:48	0.1	6:33	5:00	
8	Sat	11:20	4.8	11:43	3.5	4:43	0.1	5:42	0.3	6:34	4:59	
9	Sun			12:13	4.4	5:39	0.3	6:37	0.5	6:35	4:58	
10	Mon	12:39	3.4	1:08	4.1	6:37	0.6	7:31	0.6	6:36	4:57	
11	Tue	1:40	3.4	2:06	3.9	7:37	0.7	8:22	0.7	6:37	4:56	
12	Wed	2:41	3.5	3:02	3.8	8:36	0.8	9:09	0.7	6:38	4:55	
13	Thu	3:37	3.7	3:54	3.7	9:33	0.8	9:53	0.6	6:39	4:54	
14	Fri	4:25	4.0	4:40	3.7	10:26	0.7	10:35	0.5	6:40	4:54	
15	Sat	5:09	4.3	5:23	3.8	11:14	0.6	11:15	0.4	6:41	4:53	
16	Sun	5:50	4.5	6:04	3.8	11:57	0.5	11:55	0.3	6:42	4:52	
17	Mon	6:30	4.8	6:46	3.9			12:39	0.4	6:44	4:52	
18	Tue	7:11	4.9	7:27	3.9	12:34	0.2	1:19	0.3	6:45	4:51	
19	Wed	7:52	5.1	8:08	3.9	1:14	0.1	2:00	0.2	6:46	4:50	
20	Thu	8:34	5.1	8:51	3.9	1:54	0.1	2:42	0.2	6:47	4:50	
21	Fri	9:17	5.1	9:34	3.8	2:35	0.1	3:25	0.3	6:48	4:49	
22	Sat	10:01	5.1	10:20	3.8	3:19	0.1	4:12	0.3	6:49	4:49	
23	Sun	10:47	5.0	11:10	3.8	4:08	0.2	5:02	0.3	6:50	4:48	
24	Mon	11:37	4.8			5:01	0.3	5:54	0.3	6:51	4:48	
25	Tue	12:04	3.8	12:30	4.6	6:01	0.3	6:48	0.2	6:52	4:47	
26	Wed	1:04	3.9	1:29	4.4	7:04	0.3	7:43	0.1	6:53	4:47	
27	Thu	2:08	4.1	2:31	4.2	8:09	0.3	8:38	0.0	6:54	4:47	
28	Fri	3:12	4.4	3:32	4.1	9:14	0.2	9:33	-0.2	6:55	4:46	
29	Sat	4:12	4.8	4:30	4.0	10:19	0.0	10:28	-0.4	6:56	4:46	
30	Sun	5:08	5.1	5:26	4.0	11:20	-0.2	11:22	-0.5	6:57	4:46	