

Sand Shoal Inlet, VA - Feb 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:35	4.4	8:49	3.7	2:02	-0.6	2:40	-0.3	7:06	5:26	●
2	Mon	9:14	4.3	9:30	3.7	2:43	-0.5	3:16	-0.2	7:05	5:27	●
3	Tue	9:53	4.1	10:11	3.7	3:24	-0.3	3:53	-0.1	7:04	5:28	●
4	Wed	10:31	3.9	10:52	3.7	4:06	-0.1	4:30	0.0	7:04	5:30	◐
5	Thu	11:11	3.6	11:35	3.6	4:49	0.1	5:10	0.1	7:03	5:31	◐
6	Fri	11:52	3.4			5:36	0.3	5:52	0.2	7:02	5:32	◐
7	Sat	12:22	3.6	12:38	3.2	6:25	0.5	6:38	0.3	7:01	5:33	◐
8	Sun	1:13	3.5	1:29	3.0	7:19	0.6	7:28	0.3	7:00	5:34	◐
9	Mon	2:10	3.6	2:26	2.9	8:15	0.7	8:21	0.3	6:59	5:35	◐
10	Tue	3:10	3.8	3:25	3.0	9:14	0.6	9:17	0.2	6:58	5:36	◐
11	Wed	4:07	4.0	4:21	3.2	10:12	0.5	10:14	0.0	6:57	5:37	◐
12	Thu	5:00	4.3	5:15	3.5	11:07	0.2	11:09	-0.3	6:56	5:38	○
13	Fri	5:51	4.7	6:06	3.8	11:58	-0.1			6:55	5:39	○
14	Sat	6:40	4.9	6:56	4.1	12:02	-0.6	12:46	-0.3	6:53	5:40	○
15	Sun	7:28	5.1	7:46	4.4	12:53	-0.8	1:31	-0.6	6:52	5:41	○
16	Mon	8:15	5.1	8:35	4.7	1:43	-0.9	2:17	-0.7	6:51	5:42	○
17	Tue	9:03	5.0	9:25	4.8	2:34	-1.0	3:03	-0.8	6:50	5:44	○
18	Wed	9:51	4.8	10:16	4.8	3:25	-0.9	3:50	-0.8	6:49	5:45	○
19	Thu	10:40	4.4	11:08	4.7	4:19	-0.7	4:40	-0.7	6:48	5:46	○
20	Fri	11:30	4.0			5:16	-0.5	5:33	-0.5	6:46	5:47	○
21	Sat	12:04	4.5	12:25	3.6	6:17	-0.2	6:29	-0.4	6:45	5:48	○
22	Sun	1:04	4.3	1:25	3.3	7:21	0.0	7:29	-0.2	6:44	5:49	◐
23	Mon	2:11	4.1	2:32	3.1	8:28	0.1	8:32	-0.1	6:42	5:50	◐
24	Tue	3:21	4.0	3:40	3.0	9:36	0.2	9:36	-0.1	6:41	5:51	◐
25	Wed	4:27	4.0	4:42	3.1	10:41	0.2	10:37	-0.2	6:40	5:52	◐
26	Thu	5:23	4.1	5:35	3.3	11:36	0.1	11:32	-0.3	6:39	5:53	◐
27	Fri	6:10	4.1	6:20	3.5			12:20	0.0	6:37	5:54	◐
28	Sat	6:52	4.2	7:02	3.7	12:20	-0.4	12:58	-0.1	6:36	5:55	◐
29	Sun	7:31	4.2	7:42	3.9	1:03	-0.4	1:33	-0.2	6:35	5:56	◐