

Sand Shoal Inlet, VA - Apr 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:54	3.9	9:11	4.5	2:35	-0.1	2:40	0.1	5:47	6:25	●
2	Fri	9:32	3.8	9:50	4.5	3:13	0.1	3:17	0.2	5:46	6:26	●
3	Sat	10:11	3.7	10:30	4.4	3:53	0.2	3:55	0.3	5:45	6:27	●
4	Sun	10:50	3.5	11:13	4.3	4:36	0.4	4:37	0.4	5:43	6:28	◐
5	Mon	11:33	3.4			5:23	0.5	5:24	0.5	5:42	6:29	◐
6	Tue	12:00	4.2	12:22	3.3	6:14	0.6	6:17	0.5	5:40	6:30	◐
7	Wed	12:53	4.2	1:18	3.4	7:08	0.6	7:15	0.5	5:39	6:31	◐
8	Thu	1:52	4.2	2:20	3.5	8:05	0.6	8:16	0.4	5:37	6:32	◐
9	Fri	2:54	4.3	3:22	3.8	9:02	0.4	9:19	0.2	5:36	6:32	◐
10	Sat	3:54	4.4	4:21	4.2	9:58	0.2	10:21	-0.1	5:34	6:33	◐
11	Sun	4:51	4.6	5:16	4.7	10:52	-0.1	11:20	-0.4	5:33	6:34	○
12	Mon	5:44	4.7	6:09	5.1	11:44	-0.4			5:32	6:35	○
13	Tue	6:36	4.8	7:01	5.5	12:17	-0.6	12:34	-0.6	5:30	6:36	○
14	Wed	7:28	4.8	7:53	5.7	1:11	-0.8	1:23	-0.8	5:29	6:37	○
15	Thu	8:19	4.6	8:44	5.7	2:03	-0.9	2:11	-0.8	5:27	6:38	○
16	Fri	9:10	4.4	9:36	5.6	2:56	-0.8	3:01	-0.7	5:26	6:39	○
17	Sat	10:01	4.2	10:28	5.3	3:49	-0.6	3:53	-0.5	5:25	6:40	○
18	Sun	10:53	3.9	11:22	4.9	4:44	-0.4	4:47	-0.3	5:23	6:40	○
19	Mon	11:48	3.7			5:42	-0.1	5:45	-0.1	5:22	6:41	○
20	Tue	12:19	4.5	12:47	3.4	6:41	0.1	6:46	0.2	5:21	6:42	○
21	Wed	1:19	4.2	1:51	3.3	7:41	0.3	7:49	0.3	5:19	6:43	◐
22	Thu	2:23	3.9	2:57	3.4	8:39	0.4	8:53	0.4	5:18	6:44	◐
23	Fri	3:26	3.8	3:56	3.5	9:33	0.4	9:54	0.4	5:17	6:45	◐
24	Sat	4:20	3.7	4:45	3.8	10:22	0.4	10:49	0.4	5:15	6:46	◐
25	Sun	6:06	3.7	6:27	4.0			12:04	0.3	6:14	7:47	◐
26	Mon	6:48	3.7	7:07	4.3	12:36	0.3	12:42	0.3	6:13	7:48	◐
27	Tue	7:27	3.8	7:46	4.5	1:18	0.2	1:19	0.2	6:12	7:49	◐
28	Wed	8:06	3.8	8:25	4.6	1:56	0.1	1:55	0.2	6:11	7:49	◐
29	Thu	8:46	3.8	9:05	4.7	2:34	0.1	2:32	0.1	6:09	7:50	●
30	Fri	9:26	3.8	9:44	4.8	3:12	0.1	3:09	0.2	6:08	7:51	●