

Sand Shoal Inlet, VA - Mar 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:26	3.9	4:41	3.3	10:29	0.5	10:33	0.1	6:33	5:56	
2	Wed	5:16	4.2	5:30	3.6	11:19	0.3	11:25	-0.1	6:32	5:57	
3	Thu	6:02	4.5	6:17	4.0			12:05	0.1	6:31	5:58	
4	Fri	6:47	4.7	7:03	4.3	12:14	-0.3	12:48	-0.2	6:29	5:59	
5	Sat	7:32	4.8	7:49	4.6	1:01	-0.5	1:31	-0.4	6:28	6:00	
6	Sun	8:17	4.9	8:36	4.8	1:48	-0.7	2:14	-0.5	6:26	6:01	
7	Mon	9:02	4.8	9:23	4.9	2:36	-0.7	2:58	-0.6	6:25	6:02	
8	Tue	9:48	4.6	10:12	5.0	3:26	-0.7	3:44	-0.6	6:24	6:03	
9	Wed	10:36	4.3	11:03	4.9	4:18	-0.5	4:33	-0.5	6:22	6:04	
10	Thu	11:26	4.0	11:58	4.7	5:14	-0.3	5:26	-0.4	6:21	6:05	
11	Fri			12:21	3.7	6:13	-0.1	6:24	-0.2	6:19	6:06	
12	Sat	12:58	4.5	1:23	3.4	7:16	0.0	7:25	-0.1	6:18	6:07	
13	Sun	2:05	4.3	2:31	3.3	8:22	0.1	8:30	-0.1	6:16	6:08	
14	Mon	3:15	4.2	3:40	3.3	9:29	0.1	9:36	-0.1	6:15	6:09	
15	Tue	4:21	4.2	4:42	3.5	10:32	0.1	10:39	-0.2	6:13	6:10	
16	Wed	5:18	4.3	5:36	3.7	11:27	-0.1	11:36	-0.3	6:12	6:11	
17	Thu	6:08	4.3	6:24	4.0			12:14	-0.2	6:10	6:12	
18	Fri	6:53	4.3	7:08	4.1	12:27	-0.4	12:55	-0.3	6:09	6:13	
19	Sat	7:34	4.3	7:50	4.3	1:12	-0.5	1:33	-0.3	6:07	6:13	
20	Sun	8:14	4.2	8:30	4.4	1:54	-0.5	2:10	-0.3	6:06	6:14	
21	Mon	8:53	4.1	9:10	4.4	2:34	-0.4	2:46	-0.2	6:04	6:15	
22	Tue	9:32	3.9	9:50	4.3	3:14	-0.2	3:23	-0.1	6:03	6:16	
23	Wed	10:11	3.7	10:31	4.2	3:54	0.0	4:01	0.1	6:01	6:17	
24	Thu	10:52	3.5	11:14	4.1	4:37	0.2	4:42	0.3	6:00	6:18	
25	Fri	11:34	3.4			5:22	0.4	5:26	0.4	5:58	6:19	
26	Sat	12:00	3.9	12:21	3.2	6:11	0.6	6:15	0.6	5:57	6:20	
27	Sun	12:51	3.8	1:13	3.1	7:02	0.7	7:08	0.6	5:55	6:21	
28	Mon	1:48	3.8	2:11	3.2	7:57	0.8	8:04	0.6	5:54	6:22	
29	Tue	2:47	3.9	3:11	3.3	8:52	0.7	9:02	0.5	5:52	6:22	
30	Wed	3:44	4.0	4:06	3.6	9:46	0.6	10:00	0.3	5:51	6:23	
31	Thu	4:37	4.2	4:58	4.0	10:38	0.3	10:56	0.0	5:49	6:24	