

Sand Shoal Inlet, VA - May 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:43	4.5	7:10	5.3	12:24	-0.1	12:40	-0.3	6:07	7:52	
2	Mon	7:34	4.6	8:00	5.6	1:19	-0.4	1:29	-0.5	6:06	7:53	
3	Tue	8:25	4.6	8:52	5.8	2:12	-0.6	2:18	-0.7	6:05	7:54	
4	Wed	9:17	4.6	9:44	5.8	3:04	-0.7	3:08	-0.7	6:04	7:55	
5	Thu	10:09	4.4	10:36	5.7	3:56	-0.7	3:59	-0.7	6:03	7:56	
6	Fri	11:02	4.3	11:29	5.5	4:50	-0.6	4:53	-0.5	6:02	7:56	
7	Sat	11:56	4.0			5:46	-0.4	5:50	-0.3	6:01	7:57	
8	Sun	12:24	5.1	12:53	3.8	6:44	-0.2	6:50	-0.1	6:00	7:58	
9	Mon	1:22	4.7	1:55	3.7	7:43	0.0	7:53	0.1	5:59	7:59	
10	Tue	2:23	4.3	3:00	3.7	8:42	0.1	8:58	0.3	5:58	8:00	
11	Wed	3:27	4.0	4:06	3.7	9:39	0.2	10:03	0.3	5:57	8:01	
12	Thu	4:28	3.8	5:05	3.9	10:33	0.2	11:06	0.3	5:56	8:02	
13	Fri	5:23	3.7	5:55	4.1	11:22	0.2			5:55	8:03	
14	Sat	6:11	3.7	6:37	4.3	12:02	0.3	12:07	0.2	5:54	8:03	
15	Sun	6:54	3.7	7:17	4.5	12:50	0.2	12:47	0.1	5:54	8:04	
16	Mon	7:35	3.7	7:57	4.6	1:33	0.1	1:26	0.1	5:53	8:05	
17	Tue	8:15	3.7	8:36	4.7	2:11	0.1	2:03	0.1	5:52	8:06	
18	Wed	8:55	3.7	9:16	4.8	2:49	0.1	2:41	0.1	5:51	8:07	
19	Thu	9:36	3.7	9:57	4.8	3:26	0.1	3:19	0.2	5:50	8:08	
20	Fri	10:17	3.7	10:37	4.7	4:05	0.2	3:58	0.3	5:50	8:08	
21	Sat	10:58	3.6	11:18	4.6	4:45	0.3	4:39	0.4	5:49	8:09	
22	Sun	11:40	3.6			5:27	0.4	5:23	0.5	5:48	8:10	
23	Mon	12:00	4.5	12:24	3.5	6:11	0.5	6:11	0.6	5:48	8:11	
24	Tue	12:44	4.4	1:12	3.6	6:58	0.5	7:03	0.7	5:47	8:12	
25	Wed	1:32	4.2	2:05	3.7	7:46	0.5	8:00	0.6	5:47	8:12	
26	Thu	2:25	4.1	3:02	3.9	8:36	0.4	8:59	0.6	5:46	8:13	
27	Fri	3:23	4.1	4:00	4.2	9:28	0.3	10:00	0.4	5:46	8:14	
28	Sat	4:21	4.1	4:57	4.7	10:21	0.1	11:02	0.2	5:45	8:15	
29	Sun	5:18	4.2	5:52	5.1	11:15	-0.1			5:45	8:15	
30	Mon	6:14	4.3	6:46	5.5	12:02	-0.1	12:09	-0.4	5:44	8:16	
31	Tue	7:08	4.3	7:40	5.7	12:59	-0.3	1:03	-0.6	5:44	8:17	