

Sand Shoal Inlet, VA - Jun 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:02	4.4	8:33	5.9	1:55	-0.5	1:55	-0.7	5:43	8:17	
2	Thu	8:56	4.3	9:26	5.9	2:48	-0.6	2:48	-0.8	5:43	8:18	
3	Fri	9:50	4.3	10:19	5.7	3:41	-0.7	3:41	-0.7	5:43	8:19	
4	Sat	10:44	4.2	11:12	5.4	4:33	-0.6	4:35	-0.6	5:43	8:19	
5	Sun	11:39	4.1			5:27	-0.4	5:31	-0.3	5:42	8:20	
6	Mon	12:05	5.1	12:34	4.0	6:22	-0.3	6:30	-0.1	5:42	8:20	
7	Tue	12:58	4.6	1:32	3.9	7:17	-0.1	7:31	0.1	5:42	8:21	
8	Wed	1:53	4.2	2:32	3.8	8:10	0.0	8:33	0.3	5:42	8:22	
9	Thu	2:50	3.8	3:34	3.8	9:02	0.1	9:35	0.5	5:42	8:22	
10	Fri	3:48	3.6	4:32	3.9	9:53	0.2	10:36	0.5	5:41	8:23	
11	Sat	4:44	3.4	5:22	4.1	10:41	0.3	11:33	0.5	5:41	8:23	
12	Sun	5:34	3.4	6:07	4.3	11:27	0.3			5:41	8:23	
13	Mon	6:19	3.4	6:49	4.4	12:23	0.5	12:10	0.2	5:41	8:24	
14	Tue	7:03	3.4	7:30	4.6	1:07	0.4	12:52	0.2	5:41	8:24	
15	Wed	7:45	3.5	8:11	4.7	1:47	0.3	1:33	0.2	5:41	8:25	
16	Thu	8:27	3.6	8:52	4.8	2:25	0.3	2:13	0.1	5:41	8:25	
17	Fri	9:09	3.7	9:33	4.8	3:02	0.2	2:53	0.1	5:42	8:25	
18	Sat	9:51	3.7	10:13	4.8	3:41	0.2	3:33	0.2	5:42	8:26	
19	Sun	10:33	3.7	10:53	4.8	4:20	0.3	4:15	0.3	5:42	8:26	
20	Mon	11:15	3.8	11:34	4.7	5:00	0.3	4:58	0.4	5:42	8:26	
21	Tue	11:59	3.8			5:43	0.3	5:46	0.4	5:42	8:26	
22	Wed	12:16	4.5	12:45	3.9	6:27	0.3	6:38	0.5	5:42	8:27	
23	Thu	1:02	4.4	1:36	4.0	7:14	0.3	7:35	0.5	5:43	8:27	
24	Fri	1:53	4.2	2:32	4.2	8:04	0.2	8:34	0.5	5:43	8:27	
25	Sat	2:49	4.0	3:32	4.5	8:56	0.1	9:37	0.4	5:43	8:27	
26	Sun	3:50	3.9	4:32	4.8	9:51	0.0	10:40	0.2	5:44	8:27	
27	Mon	4:50	3.9	5:30	5.1	10:47	-0.2	11:42	0.0	5:44	8:27	
28	Tue	5:49	4.0	6:27	5.4	11:45	-0.4			5:44	8:27	
29	Wed	6:47	4.1	7:22	5.7	12:42	-0.2	12:42	-0.6	5:45	8:27	
30	Thu	7:43	4.2	8:16	5.8	1:39	-0.4	1:37	-0.7	5:45	8:27	