

Sand Shoal Inlet, VA - Jul 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:38	4.2	9:10	5.7	2:32	-0.5	2:31	-0.8	5:46	8:27	
2	Sat	9:32	4.3	10:01	5.6	3:23	-0.6	3:24	-0.7	5:46	8:27	
3	Sun	10:25	4.3	10:52	5.3	4:13	-0.6	4:17	-0.6	5:47	8:27	
4	Mon	11:17	4.2	11:41	4.9	5:03	-0.4	5:11	-0.3	5:47	8:27	
5	Tue			12:09	4.1	5:53	-0.3	6:06	-0.1	5:48	8:27	
6	Wed	12:29	4.5	1:01	4.0	6:43	-0.1	7:03	0.2	5:48	8:26	
7	Thu	1:19	4.1	1:55	3.9	7:32	0.1	8:01	0.4	5:49	8:26	
8	Fri	2:10	3.7	2:52	3.9	8:21	0.2	9:00	0.6	5:49	8:26	
9	Sat	3:05	3.4	3:49	3.9	9:09	0.3	9:58	0.7	5:50	8:26	
10	Sun	4:00	3.3	4:44	4.0	9:58	0.4	10:56	0.7	5:51	8:25	
11	Mon	4:54	3.2	5:34	4.2	10:46	0.4	11:49	0.7	5:51	8:25	
12	Tue	5:44	3.3	6:20	4.4	11:34	0.4			5:52	8:24	
13	Wed	6:31	3.4	7:03	4.6	12:36	0.6	12:21	0.3	5:53	8:24	
14	Thu	7:16	3.5	7:45	4.7	1:18	0.5	1:05	0.2	5:53	8:24	
15	Fri	7:59	3.7	8:27	4.9	1:57	0.4	1:47	0.1	5:54	8:23	
16	Sat	8:42	3.8	9:08	4.9	2:35	0.3	2:29	0.1	5:55	8:23	
17	Sun	9:25	3.9	9:48	5.0	3:13	0.2	3:10	0.1	5:55	8:22	
18	Mon	10:07	4.0	10:28	4.9	3:52	0.2	3:53	0.1	5:56	8:21	
19	Tue	10:50	4.1	11:09	4.8	4:32	0.2	4:37	0.2	5:57	8:21	
20	Wed	11:33	4.2	11:51	4.6	5:13	0.2	5:25	0.3	5:58	8:20	
21	Thu			12:20	4.3	5:57	0.2	6:17	0.4	5:58	8:20	
22	Fri	12:36	4.4	1:10	4.4	6:44	0.2	7:14	0.4	5:59	8:19	
23	Sat	1:27	4.2	2:06	4.5	7:35	0.1	8:15	0.5	6:00	8:18	
24	Sun	2:23	4.0	3:07	4.7	8:29	0.1	9:18	0.4	6:01	8:17	
25	Mon	3:25	3.8	4:11	4.9	9:27	0.0	10:22	0.3	6:01	8:17	
26	Tue	4:29	3.8	5:13	5.1	10:26	-0.1	11:27	0.2	6:02	8:16	
27	Wed	5:31	3.9	6:12	5.3	11:27	-0.3			6:03	8:15	
28	Thu	6:30	4.0	7:07	5.5	12:27	0.0	12:26	-0.4	6:04	8:14	
29	Fri	7:27	4.2	8:01	5.5	1:23	-0.2	1:23	-0.6	6:05	8:13	
30	Sat	8:20	4.3	8:52	5.5	2:14	-0.4	2:16	-0.6	6:06	8:12	
31	Sun	9:12	4.4	9:41	5.3	3:02	-0.4	3:07	-0.6	6:06	8:12	