

Sand Shoal Inlet, VA - Aug 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:03	4.5	10:27	5.1	3:48	-0.4	3:57	-0.5	6:07	8:11	
2	Tue	10:51	4.5	11:13	4.7	4:34	-0.3	4:47	-0.2	6:08	8:10	
3	Wed	11:38	4.4	11:57	4.4	5:19	-0.2	5:38	0.0	6:09	8:09	
4	Thu			12:26	4.3	6:04	0.0	6:30	0.3	6:10	8:08	
5	Fri	12:43	4.0	1:15	4.1	6:49	0.2	7:24	0.6	6:11	8:07	
6	Sat	1:30	3.7	2:08	4.0	7:36	0.4	8:19	0.8	6:11	8:05	
7	Sun	2:22	3.4	3:04	4.0	8:25	0.5	9:16	0.9	6:12	8:04	
8	Mon	3:18	3.3	4:02	4.0	9:15	0.6	10:13	1.0	6:13	8:03	
9	Tue	4:15	3.2	4:57	4.2	10:07	0.6	11:08	0.9	6:14	8:02	
10	Wed	5:10	3.3	5:47	4.4	10:59	0.6	11:59	0.8	6:15	8:01	
11	Thu	6:00	3.5	6:33	4.6	11:49	0.5			6:16	8:00	
12	Fri	6:46	3.7	7:17	4.8	12:43	0.7	12:37	0.3	6:16	7:59	
13	Sat	7:31	4.0	7:59	5.0	1:24	0.5	1:22	0.2	6:17	7:58	
14	Sun	8:14	4.2	8:40	5.1	2:04	0.3	2:05	0.1	6:18	7:56	
15	Mon	8:57	4.4	9:21	5.1	2:42	0.2	2:48	0.0	6:19	7:55	
16	Tue	9:40	4.6	10:02	5.1	3:21	0.1	3:32	0.0	6:20	7:54	
17	Wed	10:24	4.7	10:44	4.9	4:02	0.0	4:18	0.1	6:21	7:53	
18	Thu	11:09	4.8	11:28	4.7	4:44	0.0	5:07	0.1	6:21	7:51	
19	Fri	11:56	4.9			5:29	0.1	6:00	0.3	6:22	7:50	
20	Sat	12:15	4.5	12:48	4.9	6:17	0.1	6:57	0.4	6:23	7:49	
21	Sun	1:06	4.2	1:45	4.9	7:10	0.2	7:59	0.5	6:24	7:47	
22	Mon	2:04	3.9	2:47	4.8	8:08	0.2	9:03	0.5	6:25	7:46	
23	Tue	3:08	3.8	3:54	4.9	9:09	0.2	10:09	0.5	6:26	7:45	
24	Wed	4:15	3.8	4:59	5.0	10:12	0.1	11:13	0.3	6:27	7:43	
25	Thu	5:20	3.9	5:59	5.1	11:15	-0.1			6:27	7:42	
26	Fri	6:19	4.1	6:54	5.2	12:13	0.1	12:15	-0.2	6:28	7:40	
27	Sat	7:13	4.3	7:44	5.2	1:06	0.0	1:11	-0.3	6:29	7:39	
28	Sun	8:03	4.5	8:32	5.2	1:54	-0.2	2:02	-0.4	6:30	7:38	
29	Mon	8:51	4.7	9:17	5.0	2:38	-0.3	2:51	-0.4	6:31	7:36	
30	Tue	9:38	4.8	10:00	4.8	3:20	-0.2	3:37	-0.3	6:32	7:35	
31	Wed	10:22	4.8	10:43	4.6	4:00	-0.1	4:23	-0.1	6:32	7:33	