

Sand Shoal Inlet, VA - Feb 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:33	4.1	1:52	3.5	7:42	0.2	7:57	-0.2	7:06	5:27	
2	Thu	2:37	4.2	2:57	3.4	8:47	0.1	8:57	-0.3	7:05	5:28	
3	Fri	3:41	4.4	4:01	3.5	9:52	0.0	9:59	-0.5	7:04	5:29	
4	Sat	4:43	4.7	5:02	3.6	10:56	-0.2	11:00	-0.7	7:03	5:30	
5	Sun	5:42	4.9	6:00	3.8	11:55	-0.5	11:58	-0.9	7:02	5:31	
6	Mon	6:37	5.1	6:55	4.0			12:48	-0.7	7:01	5:32	
7	Tue	7:29	5.2	7:48	4.2	12:53	-1.1	1:38	-0.8	7:00	5:33	
8	Wed	8:20	5.1	8:39	4.3	1:45	-1.1	2:26	-0.9	6:59	5:34	
9	Thu	9:08	4.9	9:28	4.3	2:36	-1.1	3:12	-0.8	6:58	5:36	
10	Fri	9:54	4.6	10:16	4.2	3:26	-0.9	3:58	-0.7	6:57	5:37	
11	Sat	10:40	4.2	11:04	4.0	4:17	-0.6	4:44	-0.5	6:56	5:38	
12	Sun	11:25	3.8	11:53	3.9	5:09	-0.3	5:31	-0.3	6:55	5:39	
13	Mon			12:12	3.4	6:02	0.0	6:19	-0.1	6:54	5:40	
14	Tue	12:45	3.7	1:03	3.1	6:57	0.2	7:08	0.1	6:53	5:41	
15	Wed	1:41	3.5	1:58	2.9	7:54	0.4	8:00	0.2	6:52	5:42	
16	Thu	2:42	3.5	2:57	2.8	8:53	0.6	8:54	0.3	6:50	5:43	
17	Fri	3:42	3.6	3:54	2.9	9:52	0.6	9:48	0.3	6:49	5:44	
18	Sat	4:36	3.7	4:46	3.0	10:46	0.5	10:40	0.2	6:48	5:45	
19	Sun	5:24	3.9	5:34	3.2	11:33	0.4	11:28	0.0	6:47	5:46	
20	Mon	6:08	4.1	6:18	3.5			12:13	0.3	6:46	5:47	
21	Tue	6:49	4.3	7:01	3.7	12:12	-0.1	12:52	0.1	6:44	5:48	
22	Wed	7:29	4.5	7:42	3.9	12:55	-0.3	1:29	0.0	6:43	5:49	
23	Thu	8:09	4.5	8:24	4.1	1:36	-0.3	2:06	-0.1	6:42	5:50	
24	Fri	8:48	4.5	9:05	4.2	2:17	-0.4	2:44	-0.2	6:41	5:51	
25	Sat	9:28	4.5	9:47	4.3	2:59	-0.4	3:24	-0.2	6:39	5:52	
26	Sun	10:09	4.3	10:31	4.4	3:44	-0.3	4:06	-0.2	6:38	5:53	
27	Mon	10:52	4.1	11:18	4.4	4:33	-0.2	4:51	-0.2	6:37	5:54	
28	Tue	11:39	3.9			5:26	0.0	5:41	-0.1	6:35	5:55	