

Sand Shoal Inlet, VA - Feb 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:08	4.5	11:37	4.2	4:44	-0.8	5:16	-0.7	7:06	5:27	
2	Fri	11:59	4.0			5:42	-0.5	6:09	-0.5	7:05	5:28	
3	Sat	12:33	4.0	12:53	3.5	6:42	-0.2	7:02	-0.3	7:04	5:29	
4	Sun	1:33	3.8	1:52	3.2	7:45	0.1	7:57	-0.1	7:03	5:30	
5	Mon	2:38	3.7	2:54	2.9	8:50	0.2	8:53	0.0	7:02	5:31	
6	Tue	3:42	3.7	3:54	2.9	9:56	0.3	9:50	0.0	7:01	5:32	
7	Wed	4:39	3.8	4:48	2.9	10:56	0.3	10:43	0.0	7:00	5:33	
8	Thu	5:28	3.9	5:36	3.0	11:45	0.2	11:31	-0.1	6:59	5:34	
9	Fri	6:11	4.0	6:19	3.2			12:26	0.1	6:58	5:35	
10	Sat	6:52	4.2	7:00	3.4	12:15	-0.2	1:02	0.1	6:57	5:36	
11	Sun	7:31	4.3	7:41	3.5	12:55	-0.3	1:36	0.0	6:56	5:37	
12	Mon	8:09	4.3	8:21	3.7	1:34	-0.3	2:10	0.0	6:55	5:39	
13	Tue	8:47	4.3	9:01	3.8	2:12	-0.3	2:45	-0.1	6:54	5:40	
14	Wed	9:25	4.3	9:40	3.8	2:51	-0.2	3:21	0.0	6:53	5:41	
15	Thu	10:02	4.1	10:19	3.9	3:31	-0.1	3:58	0.0	6:52	5:42	
16	Fri	10:40	4.0	11:00	3.9	4:13	0.0	4:37	0.1	6:51	5:43	
17	Sat	11:20	3.8	11:45	3.9	4:59	0.1	5:19	0.1	6:50	5:44	
18	Sun			12:04	3.6	5:49	0.3	6:06	0.2	6:48	5:45	
19	Mon	12:35	3.9	12:55	3.4	6:45	0.3	6:58	0.1	6:47	5:46	
20	Tue	1:33	4.0	1:54	3.3	7:45	0.4	7:55	0.1	6:46	5:47	
21	Wed	2:37	4.2	2:58	3.3	8:48	0.3	8:56	-0.1	6:45	5:48	
22	Thu	3:41	4.4	4:02	3.5	9:52	0.1	9:59	-0.3	6:43	5:49	
23	Fri	4:42	4.7	5:02	3.7	10:53	-0.1	11:00	-0.6	6:42	5:50	
24	Sat	5:40	5.0	5:59	4.0	11:51	-0.4	11:58	-0.9	6:41	5:51	
25	Sun	6:35	5.2	6:54	4.3			12:43	-0.7	6:40	5:52	
26	Mon	7:27	5.3	7:47	4.6	12:54	-1.1	1:33	-0.9	6:38	5:53	
27	Tue	8:18	5.2	8:39	4.7	1:47	-1.2	2:21	-0.9	6:37	5:54	
28	Wed	9:07	5.0	9:29	4.7	2:39	-1.1	3:08	-0.9	6:35	5:55	