

Sand Shoal Inlet, VA - Apr 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:05	3.7	11:30	4.4	4:54	-0.2	5:00	-0.1	5:49	6:25	
2	Mon	11:53	3.4			5:47	0.1	5:51	0.2	5:47	6:26	
3	Tue	12:21	4.1	12:46	3.2	6:42	0.3	6:45	0.4	5:46	6:26	
4	Wed	1:18	3.8	1:43	3.0	7:39	0.5	7:42	0.5	5:44	6:27	
5	Thu	2:18	3.7	2:45	3.1	8:36	0.6	8:39	0.6	5:43	6:28	
6	Fri	3:20	3.7	3:43	3.2	9:31	0.7	9:36	0.5	5:41	6:29	
7	Sat	4:15	3.8	4:35	3.4	10:21	0.6	10:30	0.4	5:40	6:30	
8	Sun	5:03	3.9	5:20	3.7	11:04	0.5	11:18	0.3	5:38	6:31	
9	Mon	5:46	4.0	6:03	4.0	11:44	0.4			5:37	6:32	
10	Tue	6:27	4.2	6:43	4.3	12:03	0.1	12:22	0.2	5:35	6:33	
11	Wed	7:07	4.3	7:24	4.6	12:45	0.0	1:00	0.1	5:34	6:34	
12	Thu	7:47	4.3	8:04	4.8	1:25	-0.1	1:37	0.0	5:33	6:34	
13	Fri	8:27	4.3	8:45	4.9	2:06	-0.1	2:15	0.0	5:31	6:35	
14	Sat	9:08	4.2	9:27	4.9	2:49	-0.1	2:55	0.0	5:30	6:36	
15	Sun	9:50	4.1	10:11	4.9	3:33	-0.1	3:37	0.0	5:28	6:37	
16	Mon	10:34	3.9	10:58	4.9	4:21	0.0	4:24	0.1	5:27	6:38	
17	Tue	11:23	3.8	11:50	4.8	5:13	0.1	5:16	0.2	5:26	6:39	
18	Wed			12:17	3.7	6:09	0.2	6:14	0.2	5:24	6:40	
19	Thu	12:48	4.6	1:18	3.6	7:08	0.2	7:17	0.2	5:23	6:41	
20	Fri	1:51	4.5	2:24	3.7	8:09	0.2	8:22	0.2	5:22	6:42	
21	Sat	2:57	4.5	3:30	3.9	9:09	0.1	9:28	0.0	5:20	6:43	
22	Sun	4:01	4.5	4:31	4.3	10:08	-0.1	10:32	-0.2	5:19	6:43	
23	Mon	4:59	4.5	5:27	4.6	11:03	-0.3	11:32	-0.4	5:18	6:44	
24	Tue	5:53	4.6	6:19	4.9	11:54	-0.4			5:16	6:45	
25	Wed	6:44	4.5	7:08	5.1	12:27	-0.6	12:42	-0.5	5:15	6:46	
26	Thu	7:33	4.4	7:56	5.2	1:18	-0.6	1:27	-0.6	5:14	6:47	
27	Fri	8:20	4.3	8:42	5.2	2:07	-0.6	2:12	-0.5	5:13	6:48	
28	Sat	9:06	4.1	9:28	5.0	2:54	-0.5	2:56	-0.4	5:11	6:49	
29	Sun	10:52	3.9	11:14	4.8	4:41	-0.3	4:41	-0.1	6:10	7:50	
30	Mon	11:37	3.6			5:29	-0.1	5:27	0.1	6:09	7:51	