

Sand Shoal Inlet, VA - Apr 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:27	4.1	8:42	4.4	2:04	-0.1	2:17	0.1	5:47	6:25	
2	Wed	9:05	4.1	9:20	4.5	2:42	-0.1	2:52	0.1	5:46	6:26	
3	Thu	9:43	3.9	9:59	4.5	3:21	0.0	3:28	0.2	5:44	6:27	
4	Fri	10:21	3.8	10:40	4.4	4:03	0.2	4:07	0.3	5:43	6:28	
5	Sat	11:02	3.6	11:24	4.4	4:47	0.3	4:50	0.4	5:42	6:29	
6	Sun	11:47	3.5			5:37	0.4	5:39	0.5	5:40	6:30	
7	Mon	12:13	4.3	12:38	3.4	6:31	0.5	6:34	0.5	5:39	6:31	
8	Tue	1:10	4.3	1:38	3.4	7:28	0.5	7:35	0.4	5:37	6:32	
9	Wed	2:13	4.3	2:43	3.6	8:28	0.4	8:38	0.3	5:36	6:32	
10	Thu	3:17	4.5	3:46	3.8	9:28	0.3	9:42	0.0	5:34	6:33	
11	Fri	4:18	4.7	4:45	4.2	10:25	0.0	10:44	-0.3	5:33	6:34	
12	Sat	5:15	4.8	5:40	4.7	11:20	-0.3	11:43	-0.5	5:31	6:35	
13	Sun	6:09	4.9	6:33	5.1			12:11	-0.5	5:30	6:36	
14	Mon	7:01	4.9	7:25	5.4	12:39	-0.8	1:00	-0.7	5:29	6:37	
15	Tue	7:52	4.9	8:16	5.5	1:33	-0.9	1:48	-0.8	5:27	6:38	
16	Wed	8:42	4.7	9:06	5.5	2:25	-0.9	2:35	-0.8	5:26	6:39	
17	Thu	9:32	4.4	9:57	5.3	3:17	-0.8	3:24	-0.6	5:25	6:40	
18	Fri	10:22	4.1	10:48	5.0	4:10	-0.5	4:14	-0.4	5:23	6:40	
19	Sat	11:13	3.8	11:40	4.7	5:05	-0.3	5:07	-0.1	5:22	6:41	
20	Sun			12:07	3.5	6:02	0.0	6:03	0.1	5:21	6:42	
21	Mon	12:36	4.3	1:05	3.3	7:01	0.3	7:03	0.4	5:19	6:43	
22	Tue	1:36	4.0	2:08	3.2	8:00	0.4	8:03	0.5	5:18	6:44	
23	Wed	2:40	3.8	3:12	3.2	8:58	0.5	9:04	0.5	5:17	6:45	
24	Thu	3:40	3.8	4:07	3.4	9:51	0.5	10:02	0.5	5:15	6:46	
25	Fri	4:32	3.8	4:54	3.7	10:37	0.5	10:54	0.4	5:14	6:47	
26	Sat	5:17	3.8	5:36	4.0	11:17	0.4	11:40	0.3	5:13	6:48	
27	Sun	6:58	3.9	7:16	4.2			12:54	0.3	6:12	7:49	
28	Mon	7:37	4.0	7:55	4.5	1:22	0.2	1:30	0.2	6:11	7:49	
29	Tue	8:17	4.0	8:35	4.7	2:01	0.1	2:06	0.2	6:09	7:50	
30	Wed	8:56	4.0	9:14	4.8	2:40	0.1	2:42	0.1	6:08	7:51	