

## Sand Shoal Inlet, VA - Oct 1980

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Wed | 2:05  | 3.7 | 2:44  | 4.7 | 8:03  | 0.4  | 9:09  | 0.6  | 6:58                                                                                | 6:46 |    |
| 2    | Thu | 3:13  | 3.5 | 3:53  | 4.5 | 9:07  | 0.5  | 10:14 | 0.6  | 6:59                                                                                | 6:44 |    |
| 3    | Fri | 4:23  | 3.5 | 4:57  | 4.4 | 10:11 | 0.6  | 11:14 | 0.6  | 7:00                                                                                | 6:43 |    |
| 4    | Sat | 5:24  | 3.7 | 5:51  | 4.4 | 11:12 | 0.5  |       |      | 7:01                                                                                | 6:41 |    |
| 5    | Sun | 6:12  | 3.9 | 6:35  | 4.5 | 12:04 | 0.5  | 12:05 | 0.5  | 7:02                                                                                | 6:40 |    |
| 6    | Mon | 6:53  | 4.1 | 7:14  | 4.5 | 12:44 | 0.5  | 12:51 | 0.4  | 7:03                                                                                | 6:38 |    |
| 7    | Tue | 7:31  | 4.3 | 7:52  | 4.5 | 1:19  | 0.4  | 1:32  | 0.3  | 7:04                                                                                | 6:37 |    |
| 8    | Wed | 8:09  | 4.5 | 8:29  | 4.5 | 1:52  | 0.3  | 2:11  | 0.3  | 7:05                                                                                | 6:36 |    |
| 9    | Thu | 8:47  | 4.7 | 9:07  | 4.4 | 2:25  | 0.3  | 2:49  | 0.3  | 7:05                                                                                | 6:34 |    |
| 10   | Fri | 9:26  | 4.8 | 9:45  | 4.3 | 2:59  | 0.3  | 3:26  | 0.3  | 7:06                                                                                | 6:33 |    |
| 11   | Sat | 10:04 | 4.9 | 10:23 | 4.2 | 3:33  | 0.4  | 4:05  | 0.4  | 7:07                                                                                | 6:31 |    |
| 12   | Sun | 10:44 | 4.8 | 11:02 | 4.0 | 4:09  | 0.5  | 4:46  | 0.6  | 7:08                                                                                | 6:30 |   |
| 13   | Mon | 11:24 | 4.8 | 11:43 | 3.9 | 4:47  | 0.6  | 5:30  | 0.7  | 7:09                                                                                | 6:28 |  |
| 14   | Tue |       |     | 12:07 | 4.7 | 5:29  | 0.7  | 6:18  | 0.8  | 7:10                                                                                | 6:27 |  |
| 15   | Wed | 12:27 | 3.7 | 12:54 | 4.6 | 6:16  | 0.8  | 7:11  | 0.9  | 7:11                                                                                | 6:26 |  |
| 16   | Thu | 1:17  | 3.6 | 1:48  | 4.6 | 7:09  | 0.9  | 8:07  | 0.9  | 7:12                                                                                | 6:24 |  |
| 17   | Fri | 2:15  | 3.6 | 2:48  | 4.6 | 8:08  | 0.8  | 9:05  | 0.8  | 7:13                                                                                | 6:23 |  |
| 18   | Sat | 3:18  | 3.7 | 3:50  | 4.7 | 9:10  | 0.7  | 10:02 | 0.6  | 7:14                                                                                | 6:22 |  |
| 19   | Sun | 4:21  | 4.0 | 4:50  | 4.9 | 10:13 | 0.5  | 10:58 | 0.4  | 7:15                                                                                | 6:20 |  |
| 20   | Mon | 5:19  | 4.4 | 5:46  | 5.1 | 11:15 | 0.2  | 11:51 | 0.1  | 7:16                                                                                | 6:19 |  |
| 21   | Tue | 6:14  | 4.9 | 6:39  | 5.2 |       |      | 12:14 | -0.1 | 7:17                                                                                | 6:18 |  |
| 22   | Wed | 7:06  | 5.3 | 7:30  | 5.2 | 12:42 | -0.2 | 1:10  | -0.4 | 7:18                                                                                | 6:16 |  |
| 23   | Thu | 7:57  | 5.7 | 8:21  | 5.2 | 1:31  | -0.5 | 2:04  | -0.5 | 7:19                                                                                | 6:15 |  |
| 24   | Fri | 8:48  | 5.9 | 9:12  | 5.0 | 2:19  | -0.6 | 2:57  | -0.6 | 7:20                                                                                | 6:14 |  |
| 25   | Sat | 9:39  | 5.9 | 10:03 | 4.7 | 3:07  | -0.6 | 3:50  | -0.5 | 7:21                                                                                | 6:13 |  |
| 26   | Sun | 9:31  | 5.8 | 9:54  | 4.4 | 2:55  | -0.5 | 3:43  | -0.4 | 6:22                                                                                | 5:12 |  |
| 27   | Mon | 10:23 | 5.6 | 10:46 | 4.1 | 3:46  | -0.3 | 4:39  | -0.1 | 6:23                                                                                | 5:10 |  |
| 28   | Tue | 11:17 | 5.2 | 11:41 | 3.8 | 4:39  | -0.1 | 5:38  | 0.1  | 6:24                                                                                | 5:09 |  |
| 29   | Wed |       |     | 12:13 | 4.8 | 5:37  | 0.2  | 6:39  | 0.3  | 6:25                                                                                | 5:08 |  |
| 30   | Thu | 12:41 | 3.5 | 1:14  | 4.5 | 6:38  | 0.4  | 7:41  | 0.5  | 6:26                                                                                | 5:07 |  |
| 31   | Fri | 1:47  | 3.4 | 2:18  | 4.2 | 7:41  | 0.6  | 8:42  | 0.6  | 6:27                                                                                | 5:06 |  |