

## Sand Shoal Inlet, VA - Mar 1981

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sun | 3:39  | 3.9 | 3:57  | 3.1 | 9:46  | 0.6  | 9:47  | 0.3  | 6:33                                                                                | 5:57 |    |
| 2    | Mon | 4:35  | 4.1 | 4:51  | 3.3 | 10:42 | 0.4  | 10:42 | 0.0  | 6:32                                                                                | 5:57 |    |
| 3    | Tue | 5:26  | 4.5 | 5:42  | 3.6 | 11:33 | 0.2  | 11:36 | -0.2 | 6:31                                                                                | 5:58 |    |
| 4    | Wed | 6:15  | 4.8 | 6:31  | 4.0 |       |      | 12:21 | -0.1 | 6:29                                                                                | 5:59 |    |
| 5    | Thu | 7:02  | 5.0 | 7:19  | 4.3 | 12:26 | -0.5 | 1:06  | -0.3 | 6:28                                                                                | 6:00 |    |
| 6    | Fri | 7:49  | 5.1 | 8:07  | 4.6 | 1:16  | -0.7 | 1:51  | -0.5 | 6:26                                                                                | 6:01 |    |
| 7    | Sat | 8:36  | 5.1 | 8:56  | 4.8 | 2:05  | -0.9 | 2:36  | -0.6 | 6:25                                                                                | 6:02 |    |
| 8    | Sun | 9:23  | 4.9 | 9:45  | 4.9 | 2:55  | -0.9 | 3:21  | -0.7 | 6:24                                                                                | 6:03 |    |
| 9    | Mon | 10:11 | 4.7 | 10:35 | 4.9 | 3:47  | -0.8 | 4:09  | -0.6 | 6:22                                                                                | 6:04 |    |
| 10   | Tue | 11:00 | 4.3 | 11:28 | 4.8 | 4:42  | -0.6 | 4:59  | -0.5 | 6:21                                                                                | 6:05 |    |
| 11   | Wed | 11:52 | 3.9 |       |     | 5:41  | -0.3 | 5:54  | -0.3 | 6:19                                                                                | 6:06 |    |
| 12   | Thu | 12:25 | 4.6 | 12:50 | 3.5 | 6:43  | -0.1 | 6:52  | -0.2 | 6:18                                                                                | 6:07 |   |
| 13   | Fri | 1:29  | 4.3 | 1:54  | 3.2 | 7:48  | 0.1  | 7:53  | 0.0  | 6:16                                                                                | 6:08 |  |
| 14   | Sat | 2:38  | 4.2 | 3:04  | 3.1 | 8:57  | 0.2  | 8:58  | 0.0  | 6:15                                                                                | 6:09 |  |
| 15   | Sun | 3:48  | 4.1 | 4:11  | 3.2 | 10:05 | 0.2  | 10:03 | 0.0  | 6:13                                                                                | 6:10 |  |
| 16   | Mon | 4:51  | 4.2 | 5:09  | 3.3 | 11:05 | 0.1  | 11:03 | -0.1 | 6:12                                                                                | 6:11 |  |
| 17   | Tue | 5:44  | 4.2 | 5:58  | 3.5 | 11:56 | 0.0  | 11:56 | -0.2 | 6:10                                                                                | 6:12 |  |
| 18   | Wed | 6:30  | 4.3 | 6:42  | 3.7 |       |      | 12:37 | -0.1 | 6:09                                                                                | 6:13 |  |
| 19   | Thu | 7:11  | 4.3 | 7:23  | 3.9 | 12:42 | -0.3 | 1:14  | -0.1 | 6:07                                                                                | 6:13 |  |
| 20   | Fri | 7:49  | 4.3 | 8:02  | 4.1 | 1:24  | -0.4 | 1:49  | -0.1 | 6:06                                                                                | 6:14 |  |
| 21   | Sat | 8:27  | 4.2 | 8:41  | 4.2 | 2:03  | -0.3 | 2:23  | -0.1 | 6:04                                                                                | 6:15 |  |
| 22   | Sun | 9:05  | 4.1 | 9:20  | 4.2 | 2:42  | -0.3 | 2:57  | 0.0  | 6:03                                                                                | 6:16 |  |
| 23   | Mon | 9:43  | 3.9 | 9:59  | 4.2 | 3:21  | -0.1 | 3:32  | 0.1  | 6:01                                                                                | 6:17 |  |
| 24   | Tue | 10:21 | 3.7 | 10:39 | 4.2 | 4:01  | 0.1  | 4:09  | 0.3  | 6:00                                                                                | 6:18 |  |
| 25   | Wed | 11:01 | 3.5 | 11:21 | 4.1 | 4:44  | 0.3  | 4:49  | 0.4  | 5:58                                                                                | 6:19 |  |
| 26   | Thu | 11:43 | 3.3 |       |     | 5:30  | 0.5  | 5:33  | 0.5  | 5:57                                                                                | 6:20 |  |
| 27   | Fri | 12:07 | 4.0 | 12:29 | 3.2 | 6:19  | 0.6  | 6:22  | 0.6  | 5:55                                                                                | 6:21 |  |
| 28   | Sat | 12:59 | 3.9 | 1:23  | 3.1 | 7:13  | 0.7  | 7:16  | 0.6  | 5:54                                                                                | 6:22 |  |
| 29   | Sun | 1:57  | 3.9 | 2:23  | 3.1 | 8:10  | 0.7  | 8:14  | 0.6  | 5:52                                                                                | 6:22 |  |
| 30   | Mon | 2:59  | 4.0 | 3:23  | 3.3 | 9:08  | 0.6  | 9:14  | 0.4  | 5:51                                                                                | 6:23 |  |
| 31   | Tue | 3:58  | 4.3 | 4:20  | 3.6 | 10:04 | 0.5  | 10:13 | 0.2  | 5:49                                                                                | 6:24 |  |