

Sand Shoal Inlet, VA - Jan 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:17	5.6	9:37	3.8	2:33	-1.0	3:31	-0.7	7:17	4:56	
2	Sun	10:09	5.3	10:32	3.8	3:27	-0.9	4:24	-0.6	7:17	4:56	
3	Mon	11:02	4.9	11:28	3.7	4:24	-0.7	5:18	-0.5	7:17	4:57	
4	Tue	11:55	4.5			5:24	-0.4	6:12	-0.4	7:17	4:58	
5	Wed	12:26	3.6	12:50	4.0	6:26	-0.2	7:06	-0.2	7:17	4:59	
6	Thu	1:28	3.6	1:48	3.6	7:30	0.0	7:59	-0.1	7:17	5:00	
7	Fri	2:32	3.6	2:47	3.3	8:36	0.2	8:50	-0.1	7:17	5:01	
8	Sat	3:34	3.7	3:45	3.0	9:41	0.3	9:41	0.0	7:17	5:01	
9	Sun	4:29	3.9	4:38	2.9	10:44	0.3	10:30	0.0	7:17	5:02	
10	Mon	5:17	4.0	5:25	2.9	11:37	0.2	11:17	-0.1	7:17	5:03	
11	Tue	6:00	4.2	6:09	3.0			12:22	0.2	7:17	5:04	
12	Wed	6:42	4.3	6:51	3.1	12:00	-0.1	1:01	0.1	7:16	5:05	
13	Thu	7:23	4.4	7:33	3.1	12:41	-0.2	1:38	0.1	7:16	5:06	
14	Fri	8:03	4.4	8:14	3.2	1:21	-0.2	2:14	0.1	7:16	5:07	
15	Sat	8:43	4.5	8:55	3.3	2:00	-0.2	2:50	0.1	7:16	5:08	
16	Sun	9:22	4.4	9:35	3.3	2:39	-0.2	3:27	0.1	7:15	5:09	
17	Mon	10:01	4.3	10:16	3.3	3:19	-0.1	4:05	0.2	7:15	5:10	
18	Tue	10:39	4.2	10:57	3.4	4:01	0.0	4:45	0.2	7:15	5:11	
19	Wed	11:19	4.0	11:41	3.4	4:46	0.2	5:26	0.2	7:14	5:12	
20	Thu			12:01	3.8	5:35	0.3	6:09	0.2	7:14	5:13	
21	Fri	12:30	3.5	12:48	3.6	6:30	0.3	6:56	0.2	7:13	5:15	
22	Sat	1:24	3.7	1:43	3.4	7:29	0.4	7:46	0.1	7:13	5:16	
23	Sun	2:24	3.9	2:43	3.3	8:32	0.3	8:41	0.0	7:12	5:17	
24	Mon	3:26	4.2	3:45	3.3	9:36	0.2	9:39	-0.2	7:12	5:18	
25	Tue	4:26	4.6	4:45	3.4	10:40	0.0	10:38	-0.5	7:11	5:19	
26	Wed	5:24	4.9	5:42	3.5	11:41	-0.3	11:36	-0.7	7:10	5:20	
27	Thu	6:21	5.2	6:38	3.7			12:37	-0.5	7:10	5:21	
28	Fri	7:16	5.4	7:33	3.8	12:33	-1.0	1:30	-0.7	7:09	5:22	
29	Sat	8:09	5.4	8:27	4.0	1:27	-1.1	2:20	-0.8	7:08	5:23	
30	Sun	9:01	5.3	9:20	4.1	2:20	-1.1	3:10	-0.8	7:07	5:24	
31	Mon	9:51	5.1	10:12	4.1	3:13	-1.0	3:58	-0.7	7:07	5:25	