

Sand Shoal Inlet, VA - Mar 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:28	4.8	9:48	4.5	2:58	-1.0	3:28	-0.7	6:34	5:56	
2	Wed	10:13	4.4	10:35	4.4	3:49	-0.8	4:13	-0.5	6:33	5:57	
3	Thu	10:59	4.0	11:23	4.2	4:41	-0.5	4:58	-0.3	6:31	5:58	
4	Fri	11:45	3.5			5:35	-0.2	5:45	-0.1	6:30	5:59	
5	Sat	12:13	4.0	12:34	3.2	6:30	0.2	6:34	0.2	6:29	6:00	
6	Sun	1:08	3.8	1:28	2.9	7:29	0.4	7:27	0.3	6:27	6:01	
7	Mon	2:08	3.6	2:28	2.7	8:30	0.6	8:23	0.4	6:26	6:02	
8	Tue	3:12	3.6	3:30	2.7	9:33	0.7	9:20	0.4	6:24	6:03	
9	Wed	4:13	3.7	4:27	2.9	10:32	0.6	10:16	0.4	6:23	6:04	
10	Thu	5:05	3.8	5:15	3.1	11:21	0.6	11:08	0.2	6:21	6:05	
11	Fri	5:51	4.0	6:00	3.3			12:01	0.4	6:20	6:06	
12	Sat	6:32	4.2	6:42	3.6			12:37	0.3	6:18	6:07	
13	Sun	7:11	4.4	7:22	3.9	12:36	-0.1	1:12	0.2	6:17	6:07	
14	Mon	7:50	4.4	8:02	4.1	1:17	-0.2	1:46	0.1	6:15	6:08	
15	Tue	8:28	4.4	8:42	4.3	1:57	-0.2	2:21	0.0	6:14	6:09	
16	Wed	9:06	4.4	9:21	4.4	2:37	-0.2	2:57	0.0	6:12	6:10	
17	Thu	9:44	4.2	10:02	4.5	3:20	-0.2	3:35	0.0	6:11	6:11	
18	Fri	10:24	4.0	10:45	4.5	4:05	-0.1	4:16	0.0	6:09	6:12	
19	Sat	11:08	3.8	11:33	4.5	4:55	0.0	5:01	0.1	6:08	6:13	
20	Sun	11:56	3.5			5:49	0.2	5:53	0.2	6:07	6:14	
21	Mon	12:28	4.5	12:53	3.3	6:49	0.3	6:51	0.2	6:05	6:15	
22	Tue	1:32	4.4	1:58	3.2	7:53	0.3	7:55	0.1	6:03	6:16	
23	Wed	2:41	4.4	3:07	3.3	9:00	0.3	9:01	0.0	6:02	6:17	
24	Thu	3:49	4.5	4:14	3.5	10:05	0.2	10:08	-0.2	6:00	6:18	
25	Fri	4:52	4.7	5:14	3.8	11:05	0.0	11:11	-0.4	5:59	6:18	
26	Sat	5:49	4.8	6:09	4.2	11:58	-0.3			5:57	6:19	
27	Sun	6:41	4.9	7:00	4.5	12:09	-0.6	12:46	-0.5	5:56	6:20	
28	Mon	7:30	4.8	7:49	4.7	1:03	-0.8	1:31	-0.6	5:54	6:21	
29	Tue	8:17	4.7	8:36	4.8	1:53	-0.8	2:13	-0.6	5:53	6:22	
30	Wed	9:02	4.4	9:21	4.8	2:41	-0.7	2:55	-0.5	5:51	6:23	
31	Thu	9:45	4.1	10:06	4.7	3:29	-0.5	3:37	-0.3	5:50	6:24	