

Sand Shoal Inlet, VA - May 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:44	3.4			5:39	0.2	5:29	0.3	6:08	7:52	
2	Mon	12:06	4.4	12:29	3.2	6:27	0.4	6:17	0.5	6:07	7:52	
3	Tue	12:54	4.2	1:19	3.1	7:17	0.6	7:09	0.7	6:06	7:53	
4	Wed	1:46	4.0	2:14	3.0	8:09	0.8	8:04	0.8	6:05	7:54	
5	Thu	2:43	3.8	3:13	3.1	9:00	0.8	9:02	0.8	6:03	7:55	
6	Fri	3:42	3.8	4:11	3.3	9:51	0.8	9:59	0.8	6:02	7:56	
7	Sat	4:37	3.8	5:03	3.6	10:39	0.7	10:55	0.6	6:01	7:57	
8	Sun	5:26	3.9	5:51	4.0	11:24	0.6	11:47	0.5	6:00	7:58	
9	Mon	6:12	4.0	6:35	4.4			12:07	0.4	5:59	7:59	
10	Tue	6:56	4.1	7:18	4.8	12:37	0.2	12:49	0.2	5:58	8:00	
11	Wed	7:40	4.2	8:02	5.1	1:24	0.0	1:30	0.0	5:57	8:00	
12	Thu	8:25	4.2	8:47	5.3	2:11	-0.1	2:12	-0.1	5:57	8:01	
13	Fri	9:10	4.1	9:33	5.5	2:57	-0.2	2:56	-0.2	5:56	8:02	
14	Sat	9:57	4.1	10:21	5.5	3:45	-0.3	3:41	-0.2	5:55	8:03	
15	Sun	10:45	3.9	11:11	5.4	4:35	-0.2	4:30	-0.2	5:54	8:04	
16	Mon	11:36	3.8			5:29	-0.1	5:24	-0.1	5:53	8:05	
17	Tue	12:04	5.2	12:31	3.6	6:26	0.0	6:22	0.1	5:52	8:06	
18	Wed	1:01	5.0	1:31	3.6	7:25	0.1	7:26	0.2	5:52	8:06	
19	Thu	2:02	4.7	2:37	3.6	8:25	0.1	8:32	0.2	5:51	8:07	
20	Fri	3:07	4.4	3:45	3.7	9:24	0.1	9:40	0.2	5:50	8:08	
21	Sat	4:11	4.3	4:49	4.0	10:21	0.1	10:46	0.1	5:49	8:09	
22	Sun	5:11	4.1	5:45	4.3	11:14	0.0	11:49	0.0	5:49	8:10	
23	Mon	6:05	4.0	6:35	4.6			12:03	-0.1	5:48	8:10	
24	Tue	6:54	3.9	7:21	4.8	12:46	-0.1	12:49	-0.2	5:47	8:11	
25	Wed	7:40	3.8	8:05	5.0	1:37	-0.1	1:32	-0.2	5:47	8:12	
26	Thu	8:24	3.7	8:48	5.0	2:23	-0.2	2:13	-0.2	5:46	8:13	
27	Fri	9:08	3.6	9:30	5.0	3:06	-0.1	2:53	-0.1	5:46	8:14	
28	Sat	9:51	3.5	10:12	4.8	3:47	0.0	3:33	0.0	5:45	8:14	
29	Sun	10:33	3.4	10:55	4.7	4:29	0.1	4:15	0.2	5:45	8:15	
30	Mon	11:16	3.3	11:39	4.5	5:12	0.3	4:58	0.4	5:44	8:16	
31	Tue			12:01	3.3	5:56	0.5	5:44	0.5	5:44	8:16	