

Sand Shoal Inlet, VA - Aug 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:27	3.9	2:02	4.1	7:31	0.6	8:07	0.8	6:07	8:11	
2	Tue	2:17	3.7	2:58	4.3	8:19	0.5	9:06	0.8	6:08	8:10	
3	Wed	3:15	3.6	3:57	4.6	9:11	0.4	10:08	0.7	6:08	8:09	
4	Thu	4:16	3.6	4:57	4.9	10:08	0.3	11:11	0.5	6:09	8:08	
5	Fri	5:16	3.7	5:55	5.2	11:07	0.1			6:10	8:07	
6	Sat	6:14	3.8	6:51	5.6	12:12	0.3	12:06	-0.1	6:11	8:06	
7	Sun	7:10	4.0	7:46	5.8	1:08	0.0	1:03	-0.4	6:12	8:05	
8	Mon	8:05	4.3	8:39	5.9	2:01	-0.2	1:59	-0.6	6:13	8:04	
9	Tue	9:00	4.5	9:32	5.8	2:52	-0.4	2:53	-0.7	6:14	8:03	
10	Wed	9:53	4.6	10:23	5.6	3:41	-0.4	3:47	-0.6	6:14	8:02	
11	Thu	10:46	4.7	11:13	5.3	4:30	-0.4	4:42	-0.5	6:15	8:00	
12	Fri	11:39	4.7			5:19	-0.4	5:39	-0.3	6:16	7:59	
13	Sat	12:02	4.8	12:32	4.7	6:08	-0.2	6:38	0.0	6:17	7:58	
14	Sun	12:53	4.3	1:27	4.5	6:59	0.0	7:40	0.3	6:18	7:57	
15	Mon	1:46	3.8	2:26	4.4	7:51	0.2	8:44	0.5	6:19	7:56	
16	Tue	2:44	3.5	3:29	4.3	8:44	0.4	9:50	0.7	6:19	7:54	
17	Wed	3:47	3.2	4:32	4.3	9:39	0.5	10:56	0.7	6:20	7:53	
18	Thu	4:48	3.1	5:29	4.4	10:35	0.5	11:56	0.7	6:21	7:52	
19	Fri	5:43	3.2	6:19	4.5	11:29	0.5			6:22	7:51	
20	Sat	6:30	3.3	7:03	4.6	12:44	0.7	12:19	0.4	6:23	7:49	
21	Sun	7:13	3.5	7:44	4.7	1:24	0.6	1:04	0.3	6:24	7:48	
22	Mon	7:54	3.7	8:23	4.8	1:58	0.5	1:45	0.3	6:24	7:47	
23	Tue	8:35	3.9	9:01	4.8	2:32	0.5	2:25	0.2	6:25	7:45	
24	Wed	9:15	4.1	9:39	4.8	3:05	0.4	3:04	0.2	6:26	7:44	
25	Thu	9:54	4.2	10:16	4.7	3:39	0.4	3:43	0.3	6:27	7:43	
26	Fri	10:33	4.3	10:53	4.6	4:13	0.4	4:23	0.4	6:28	7:41	
27	Sat	11:12	4.4	11:30	4.4	4:49	0.5	5:06	0.5	6:29	7:40	
28	Sun	11:53	4.4			5:26	0.5	5:53	0.6	6:29	7:38	
29	Mon	12:10	4.1	12:37	4.5	6:07	0.6	6:44	0.8	6:30	7:37	
30	Tue	12:54	3.9	1:27	4.5	6:53	0.6	7:41	0.8	6:31	7:35	
31	Wed	1:45	3.7	2:25	4.6	7:45	0.6	8:42	0.8	6:32	7:34	