

Sand Shoal Inlet, VA - Jan 1985

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:20	3.5	3:34	3.0	9:22	0.6	9:24	0.4	7:17	4:56	
2	Wed	4:11	3.8	4:24	3.0	10:18	0.6	10:11	0.3	7:17	4:57	
3	Thu	4:59	4.1	5:12	3.1	11:10	0.4	10:58	0.1	7:17	4:58	
4	Fri	5:45	4.4	5:59	3.2	11:59	0.3	11:45	-0.1	7:17	4:58	
5	Sat	6:31	4.6	6:44	3.3			12:45	0.1	7:17	4:59	
6	Sun	7:16	4.9	7:30	3.4	12:31	-0.2	1:29	0.0	7:17	5:00	
7	Mon	8:02	5.0	8:16	3.5	1:16	-0.4	2:13	-0.1	7:17	5:01	
8	Tue	8:48	5.1	9:04	3.6	2:02	-0.5	2:58	-0.2	7:17	5:02	
9	Wed	9:34	5.1	9:52	3.7	2:50	-0.5	3:44	-0.3	7:17	5:03	
10	Thu	10:21	4.9	10:42	3.7	3:40	-0.5	4:32	-0.3	7:17	5:04	
11	Fri	11:08	4.7	11:34	3.8	4:34	-0.4	5:21	-0.3	7:17	5:05	
12	Sat	11:58	4.3			5:32	-0.2	6:11	-0.3	7:16	5:06	
13	Sun	12:31	3.9	12:52	3.9	6:34	-0.1	7:03	-0.3	7:16	5:07	
14	Mon	1:32	4.0	1:51	3.5	7:39	0.0	7:57	-0.3	7:16	5:08	
15	Tue	2:36	4.1	2:54	3.2	8:47	0.1	8:53	-0.3	7:16	5:09	
16	Wed	3:41	4.3	3:57	3.1	9:55	0.1	9:50	-0.3	7:15	5:10	
17	Thu	4:42	4.4	4:56	3.0	11:02	0.0	10:48	-0.4	7:15	5:11	
18	Fri	5:38	4.6	5:52	3.0			12:01	-0.1	7:14	5:12	
19	Sat	6:31	4.7	6:43	3.1			12:53	-0.2	7:14	5:13	
20	Sun	7:20	4.7	7:31	3.2	12:35	-0.6	1:39	-0.2	7:13	5:14	
21	Mon	8:06	4.7	8:17	3.3	1:22	-0.6	2:21	-0.2	7:13	5:15	
22	Tue	8:50	4.6	9:01	3.3	2:07	-0.6	3:01	-0.2	7:12	5:16	
23	Wed	9:31	4.4	9:44	3.3	2:51	-0.5	3:40	-0.1	7:12	5:17	
24	Thu	10:11	4.2	10:26	3.4	3:34	-0.3	4:18	0.0	7:11	5:18	
25	Fri	10:50	4.0	11:09	3.4	4:18	-0.1	4:56	0.1	7:11	5:19	
26	Sat	11:30	3.7	11:53	3.4	5:04	0.1	5:35	0.2	7:10	5:21	
27	Sun			12:12	3.4	5:52	0.3	6:15	0.3	7:09	5:22	
28	Mon	12:41	3.4	12:58	3.1	6:44	0.5	6:58	0.4	7:09	5:23	
29	Tue	1:33	3.4	1:49	2.9	7:39	0.6	7:45	0.4	7:08	5:24	
30	Wed	2:29	3.5	2:45	2.8	8:36	0.7	8:35	0.4	7:07	5:25	
31	Thu	3:27	3.7	3:42	2.8	9:36	0.6	9:29	0.3	7:06	5:26	