

Sand Shoal Inlet, VA - Jan 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:23	4.4	11:48	3.5	4:47	0.1	5:37	0.1	7:17	4:56	
2	Thu			12:10	4.1	5:43	0.2	6:24	0.1	7:17	4:57	
3	Fri	12:43	3.7	1:03	3.8	6:44	0.2	7:14	0.0	7:17	4:57	
4	Sat	1:42	3.9	2:01	3.6	7:48	0.2	8:06	-0.1	7:17	4:58	
5	Sun	2:45	4.2	3:03	3.4	8:54	0.2	9:01	-0.2	7:17	4:59	
6	Mon	3:47	4.5	4:05	3.3	10:01	0.0	9:59	-0.4	7:17	5:00	
7	Tue	4:47	4.8	5:05	3.3	11:06	-0.1	10:57	-0.5	7:17	5:01	
8	Wed	5:45	5.0	6:02	3.3			12:06	-0.3	7:17	5:02	
9	Thu	6:41	5.2	6:57	3.4			1:01	-0.4	7:17	5:03	
10	Fri	7:35	5.2	7:50	3.5	12:49	-0.8	1:53	-0.5	7:17	5:04	
11	Sat	8:27	5.2	8:42	3.5	1:41	-0.9	2:41	-0.5	7:17	5:05	
12	Sun	9:16	5.0	9:32	3.5	2:32	-0.8	3:29	-0.4	7:16	5:06	
13	Mon	10:03	4.7	10:21	3.5	3:22	-0.7	4:15	-0.3	7:16	5:07	
14	Tue	10:48	4.4	11:09	3.5	4:13	-0.4	5:00	-0.2	7:16	5:08	
15	Wed	11:32	4.0	11:58	3.4	5:05	-0.2	5:45	-0.1	7:16	5:09	
16	Thu			12:18	3.6	5:59	0.1	6:29	0.1	7:15	5:10	
17	Fri	12:49	3.4	1:05	3.2	6:54	0.3	7:13	0.2	7:15	5:11	
18	Sat	1:43	3.4	1:57	2.9	7:51	0.5	7:58	0.3	7:15	5:12	
19	Sun	2:40	3.5	2:53	2.7	8:50	0.6	8:45	0.3	7:14	5:13	
20	Mon	3:36	3.6	3:48	2.7	9:49	0.6	9:35	0.3	7:14	5:14	
21	Tue	4:29	3.8	4:40	2.7	10:46	0.6	10:26	0.2	7:13	5:15	
22	Wed	5:18	4.0	5:28	2.8	11:36	0.5	11:15	0.1	7:13	5:16	
23	Thu	6:05	4.2	6:14	3.0			12:20	0.3	7:12	5:17	
24	Fri	6:49	4.4	6:58	3.2	12:01	-0.1	1:01	0.2	7:11	5:18	
25	Sat	7:32	4.6	7:42	3.3	12:46	-0.2	1:40	0.1	7:11	5:19	
26	Sun	8:13	4.7	8:25	3.5	1:28	-0.3	2:20	0.0	7:10	5:20	
27	Mon	8:54	4.8	9:08	3.6	2:11	-0.4	2:59	-0.1	7:09	5:21	
28	Tue	9:35	4.7	9:52	3.8	2:55	-0.4	3:39	-0.2	7:09	5:22	
29	Wed	10:16	4.5	10:37	3.9	3:42	-0.4	4:21	-0.2	7:08	5:24	
30	Thu	10:59	4.3	11:25	4.0	4:32	-0.3	5:05	-0.2	7:07	5:25	
31	Fri	11:46	3.9			5:27	-0.1	5:52	-0.2	7:06	5:26	