

Sand Shoal Inlet, VA - Mar 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:25	3.8	11:57	4.6	5:14	-0.2	5:23	-0.2	6:34	5:56	
2	Sun			12:18	3.4	6:14	0.0	6:17	-0.1	6:32	5:57	
3	Mon	12:56	4.4	1:18	3.1	7:18	0.2	7:17	0.0	6:31	5:58	
4	Tue	2:04	4.3	2:26	2.9	8:27	0.3	8:22	0.0	6:30	5:59	
5	Wed	3:16	4.3	3:38	2.9	9:39	0.3	9:30	-0.1	6:28	6:00	
6	Thu	4:26	4.3	4:45	3.1	10:47	0.2	10:36	-0.2	6:27	6:01	
7	Fri	5:28	4.4	5:42	3.3	11:45	0.0	11:36	-0.4	6:25	6:02	
8	Sat	6:20	4.5	6:33	3.6			12:32	-0.1	6:24	6:03	
9	Sun	7:07	4.5	7:18	3.8	12:29	-0.5	1:13	-0.2	6:22	6:04	
10	Mon	7:49	4.5	8:01	4.0	1:17	-0.6	1:51	-0.3	6:21	6:05	
11	Tue	8:28	4.3	8:42	4.2	2:01	-0.5	2:26	-0.3	6:19	6:06	
12	Wed	9:07	4.2	9:22	4.2	2:43	-0.4	3:01	-0.2	6:18	6:07	
13	Thu	9:45	3.9	10:01	4.2	3:24	-0.3	3:36	-0.1	6:17	6:08	
14	Fri	10:23	3.6	10:41	4.1	4:06	-0.1	4:12	0.1	6:15	6:09	
15	Sat	11:02	3.4	11:24	4.0	4:50	0.2	4:50	0.3	6:14	6:10	
16	Sun	11:43	3.1			5:36	0.4	5:33	0.5	6:12	6:11	
17	Mon	12:10	3.8	12:30	2.9	6:26	0.7	6:21	0.6	6:11	6:11	
18	Tue	1:03	3.7	1:24	2.7	7:21	0.8	7:15	0.7	6:09	6:12	
19	Wed	2:04	3.7	2:25	2.7	8:20	0.9	8:13	0.7	6:08	6:13	
20	Thu	3:09	3.7	3:27	2.9	9:20	0.9	9:13	0.5	6:06	6:14	
21	Fri	4:08	3.9	4:24	3.1	10:16	0.7	10:12	0.3	6:05	6:15	
22	Sat	5:00	4.2	5:14	3.5	11:06	0.5	11:06	0.1	6:03	6:16	
23	Sun	5:47	4.5	6:02	3.9	11:51	0.2	11:58	-0.2	6:02	6:17	
24	Mon	6:32	4.7	6:48	4.3			12:33	0.0	6:00	6:18	
25	Tue	7:16	4.8	7:33	4.7	12:46	-0.4	1:14	-0.3	5:59	6:19	
26	Wed	8:00	4.7	8:19	5.0	1:35	-0.6	1:55	-0.4	5:57	6:20	
27	Thu	8:45	4.6	9:06	5.2	2:23	-0.6	2:37	-0.5	5:56	6:20	
28	Fri	9:31	4.4	9:54	5.3	3:13	-0.6	3:21	-0.5	5:54	6:21	
29	Sat	10:18	4.1	10:45	5.2	4:06	-0.4	4:08	-0.3	5:53	6:22	
30	Sun	11:09	3.7	11:40	4.9	5:02	-0.2	5:01	-0.2	5:51	6:23	
31	Mon			12:04	3.4	6:03	0.0	5:59	0.0	5:50	6:24	