

Sand Shoal Inlet, VA - May 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:34	4.4	3:07	3.2	9:00	0.3	8:59	0.3	6:08	7:52	
2	Fri	3:44	4.2	4:19	3.4	10:02	0.4	10:08	0.3	6:06	7:53	
3	Sat	4:49	4.0	5:20	3.6	10:57	0.3	11:13	0.3	6:05	7:54	
4	Sun	5:44	3.9	6:09	3.9	11:45	0.3			6:04	7:54	
5	Mon	6:29	3.8	6:51	4.2	12:11	0.2	12:26	0.2	6:03	7:55	
6	Tue	7:10	3.8	7:30	4.4	1:00	0.1	1:03	0.1	6:02	7:56	
7	Wed	7:49	3.7	8:07	4.6	1:43	0.1	1:38	0.1	6:01	7:57	
8	Thu	8:27	3.6	8:45	4.7	2:22	0.0	2:13	0.1	6:00	7:58	
9	Fri	9:06	3.6	9:24	4.8	3:00	0.1	2:48	0.2	5:59	7:59	
10	Sat	9:45	3.5	10:03	4.7	3:38	0.1	3:24	0.3	5:58	8:00	
11	Sun	10:25	3.4	10:44	4.6	4:16	0.3	4:02	0.4	5:57	8:01	
12	Mon	11:05	3.3	11:26	4.5	4:57	0.4	4:42	0.5	5:56	8:02	
13	Tue	11:47	3.2			5:41	0.6	5:25	0.6	5:55	8:02	
14	Wed	12:10	4.3	12:31	3.1	6:27	0.7	6:14	0.7	5:55	8:03	
15	Thu	12:57	4.2	1:21	3.1	7:17	0.8	7:08	0.8	5:54	8:04	
16	Fri	1:48	4.1	2:17	3.2	8:07	0.8	8:06	0.7	5:53	8:05	
17	Sat	2:44	4.1	3:16	3.5	8:58	0.7	9:07	0.7	5:52	8:06	
18	Sun	3:41	4.1	4:14	3.8	9:48	0.5	10:08	0.5	5:51	8:07	
19	Mon	4:37	4.1	5:09	4.3	10:38	0.3	11:09	0.3	5:51	8:07	
20	Tue	5:31	4.2	6:01	4.8	11:27	0.1			5:50	8:08	
21	Wed	6:23	4.2	6:52	5.3	12:08	0.0	12:16	-0.2	5:49	8:09	
22	Thu	7:14	4.2	7:43	5.7	1:05	-0.3	1:06	-0.4	5:49	8:10	
23	Fri	8:06	4.1	8:34	5.9	1:59	-0.4	1:55	-0.5	5:48	8:11	
24	Sat	8:58	4.1	9:27	5.9	2:53	-0.5	2:45	-0.6	5:47	8:11	
25	Sun	9:52	3.9	10:21	5.8	3:46	-0.5	3:37	-0.5	5:47	8:12	
26	Mon	10:45	3.8	11:16	5.5	4:40	-0.4	4:31	-0.4	5:46	8:13	
27	Tue	11:40	3.7			5:37	-0.2	5:29	-0.2	5:46	8:14	
28	Wed	12:12	5.2	12:38	3.5	6:36	0.0	6:30	0.0	5:45	8:14	
29	Thu	1:09	4.7	1:40	3.5	7:35	0.1	7:35	0.2	5:45	8:15	
30	Fri	2:09	4.3	2:46	3.5	8:32	0.2	8:40	0.4	5:44	8:16	
31	Sat	3:11	4.0	3:52	3.6	9:25	0.3	9:46	0.5	5:44	8:17	