

Sand Shoal Inlet, VA - Jun 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:11	3.7	4:50	3.8	10:15	0.3	10:50	0.5	5:44	8:17	
2	Mon	5:04	3.6	5:39	4.1	11:00	0.3	11:48	0.4	5:43	8:18	
3	Tue	5:52	3.4	6:21	4.3	11:43	0.3			5:43	8:19	
4	Wed	6:35	3.4	7:00	4.5	12:38	0.4	12:22	0.3	5:43	8:19	
5	Thu	7:16	3.3	7:39	4.6	1:22	0.3	1:01	0.3	5:42	8:20	
6	Fri	7:56	3.3	8:19	4.7	2:01	0.3	1:40	0.2	5:42	8:20	
7	Sat	8:37	3.4	9:00	4.8	2:39	0.3	2:18	0.2	5:42	8:21	
8	Sun	9:19	3.4	9:41	4.8	3:16	0.3	2:57	0.3	5:42	8:21	
9	Mon	10:00	3.3	10:23	4.7	3:55	0.4	3:37	0.3	5:42	8:22	
10	Tue	10:41	3.3	11:04	4.6	4:35	0.4	4:18	0.4	5:42	8:22	
11	Wed	11:23	3.3	11:46	4.6	5:17	0.5	5:01	0.5	5:41	8:23	
12	Thu			12:07	3.3	6:01	0.6	5:49	0.6	5:41	8:23	
13	Fri	12:29	4.4	12:54	3.4	6:46	0.6	6:42	0.6	5:41	8:24	
14	Sat	1:15	4.3	1:46	3.6	7:32	0.5	7:39	0.6	5:41	8:24	
15	Sun	2:06	4.1	2:42	3.8	8:19	0.4	8:40	0.6	5:41	8:25	
16	Mon	3:01	4.0	3:41	4.2	9:08	0.3	9:42	0.5	5:41	8:25	
17	Tue	3:59	3.9	4:38	4.6	9:58	0.1	10:45	0.3	5:42	8:25	
18	Wed	4:57	3.8	5:34	5.0	10:51	0.0	11:48	0.1	5:42	8:26	
19	Thu	5:53	3.8	6:29	5.4	11:45	-0.2			5:42	8:26	
20	Fri	6:49	3.8	7:23	5.7	12:48	-0.1	12:39	-0.4	5:42	8:26	
21	Sat	7:44	3.8	8:18	5.8	1:45	-0.3	1:34	-0.5	5:42	8:26	
22	Sun	8:39	3.8	9:13	5.8	2:39	-0.4	2:28	-0.6	5:42	8:27	
23	Mon	9:34	3.8	10:07	5.7	3:32	-0.4	3:21	-0.6	5:43	8:27	
24	Tue	10:29	3.8	11:00	5.4	4:25	-0.3	4:16	-0.5	5:43	8:27	
25	Wed	11:23	3.8	11:52	5.1	5:18	-0.2	5:12	-0.3	5:43	8:27	
26	Thu			12:18	3.8	6:11	-0.1	6:11	0.0	5:44	8:27	
27	Fri	12:44	4.6	1:14	3.7	7:03	0.0	7:12	0.2	5:44	8:27	
28	Sat	1:36	4.2	2:12	3.7	7:53	0.2	8:13	0.4	5:44	8:27	
29	Sun	2:30	3.8	3:11	3.8	8:41	0.3	9:15	0.6	5:45	8:27	
30	Mon	3:25	3.4	4:08	3.9	9:27	0.4	10:17	0.7	5:45	8:27	