

Sand Shoal Inlet, VA - Jul 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:20	3.2	5:00	4.1	10:13	0.4	11:17	0.7	5:46	8:27	
2	Wed	5:11	3.1	5:47	4.2	10:58	0.5			5:46	8:27	
3	Thu	5:59	3.1	6:31	4.4	12:10	0.6	11:43 AM	0.4	5:47	8:27	
4	Fri	6:44	3.1	7:14	4.6	12:57	0.6	12:28	0.4	5:47	8:27	
5	Sat	7:28	3.2	7:57	4.7	1:37	0.5	1:12	0.3	5:48	8:27	
6	Sun	8:11	3.3	8:39	4.8	2:16	0.5	1:54	0.3	5:48	8:26	
7	Mon	8:53	3.4	9:21	4.8	2:54	0.4	2:35	0.2	5:49	8:26	
8	Tue	9:36	3.5	10:01	4.9	3:32	0.4	3:16	0.2	5:49	8:26	
9	Wed	10:17	3.5	10:41	4.8	4:10	0.4	3:57	0.2	5:50	8:26	
10	Thu	10:59	3.6	11:21	4.7	4:50	0.4	4:41	0.3	5:51	8:25	
11	Fri	11:42	3.7			5:30	0.4	5:28	0.4	5:51	8:25	
12	Sat	12:02	4.6	12:28	3.9	6:12	0.4	6:20	0.5	5:52	8:25	
13	Sun	12:45	4.4	1:17	4.0	6:56	0.3	7:17	0.5	5:53	8:24	
14	Mon	1:33	4.1	2:11	4.3	7:43	0.3	8:17	0.5	5:53	8:24	
15	Tue	2:27	3.8	3:11	4.5	8:32	0.2	9:21	0.5	5:54	8:23	
16	Wed	3:27	3.6	4:12	4.8	9:25	0.1	10:26	0.4	5:55	8:23	
17	Thu	4:30	3.5	5:13	5.1	10:22	0.0	11:31	0.3	5:55	8:22	
18	Fri	5:31	3.5	6:12	5.4	11:22	-0.1			5:56	8:22	
19	Sat	6:30	3.6	7:10	5.6	12:34	0.1	12:21	-0.3	5:57	8:21	
20	Sun	7:28	3.7	8:05	5.7	1:32	-0.1	1:19	-0.5	5:58	8:20	
21	Mon	8:23	3.9	8:59	5.6	2:25	-0.2	2:14	-0.6	5:58	8:20	
22	Tue	9:18	4.0	9:51	5.5	3:15	-0.3	3:08	-0.6	5:59	8:19	
23	Wed	10:10	4.1	10:40	5.3	4:04	-0.3	4:00	-0.5	6:00	8:18	
24	Thu	11:01	4.1	11:27	4.9	4:51	-0.2	4:53	-0.2	6:01	8:18	
25	Fri	11:51	4.1			5:37	-0.1	5:47	0.0	6:01	8:17	
26	Sat	12:12	4.5	12:40	4.1	6:22	0.1	6:43	0.3	6:02	8:16	
27	Sun	12:58	4.0	1:31	4.0	7:07	0.2	7:40	0.5	6:03	8:15	
28	Mon	1:46	3.6	2:25	4.0	7:52	0.4	8:38	0.7	6:04	8:14	
29	Tue	2:38	3.3	3:21	4.0	8:38	0.5	9:38	0.9	6:05	8:13	
30	Wed	3:34	3.1	4:18	4.1	9:26	0.6	10:38	0.9	6:05	8:13	
31	Thu	4:31	3.0	5:12	4.2	10:16	0.7	11:36	0.9	6:06	8:12	