

Sand Shoal Inlet, VA - Aug 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:25	3.0	6:02	4.3	11:08	0.6			6:07	8:11	
2	Sat	6:14	3.2	6:49	4.5	12:27	0.8	11:58 AM	0.5	6:08	8:10	
3	Sun	7:00	3.3	7:33	4.7	1:10	0.7	12:46	0.4	6:09	8:09	
4	Mon	7:44	3.5	8:15	4.9	1:49	0.6	1:30	0.3	6:10	8:08	
5	Tue	8:27	3.7	8:56	5.0	2:26	0.5	2:13	0.2	6:10	8:07	
6	Wed	9:10	3.9	9:36	5.0	3:03	0.4	2:55	0.1	6:11	8:06	
7	Thu	9:52	4.0	10:15	5.0	3:40	0.3	3:37	0.1	6:12	8:05	
8	Fri	10:34	4.2	10:54	4.9	4:18	0.2	4:22	0.2	6:13	8:04	
9	Sat	11:16	4.4	11:35	4.6	4:56	0.2	5:09	0.3	6:14	8:02	
10	Sun			12:01	4.5	5:37	0.2	6:02	0.4	6:15	8:01	
11	Mon	12:19	4.3	12:50	4.6	6:22	0.2	6:58	0.5	6:15	8:00	
12	Tue	1:07	4.0	1:45	4.7	7:10	0.3	8:00	0.6	6:16	7:59	
13	Wed	2:02	3.7	2:46	4.8	8:03	0.3	9:05	0.6	6:17	7:58	
14	Thu	3:05	3.5	3:52	4.9	9:02	0.3	10:13	0.6	6:18	7:57	
15	Fri	4:12	3.4	4:59	5.0	10:04	0.2	11:20	0.5	6:19	7:55	
16	Sat	5:18	3.5	6:01	5.2	11:08	0.0			6:20	7:54	
17	Sun	6:19	3.6	6:59	5.4	12:23	0.3	12:11	-0.1	6:21	7:53	
18	Mon	7:16	3.9	7:53	5.4	1:19	0.1	1:09	-0.3	6:21	7:52	
19	Tue	8:09	4.1	8:43	5.4	2:08	0.0	2:03	-0.4	6:22	7:50	
20	Wed	8:59	4.3	9:29	5.3	2:53	-0.1	2:54	-0.4	6:23	7:49	
21	Thu	9:48	4.4	10:14	5.0	3:36	-0.1	3:43	-0.3	6:24	7:48	
22	Fri	10:34	4.5	10:56	4.7	4:17	-0.1	4:31	-0.1	6:25	7:46	
23	Sat	11:18	4.5	11:38	4.3	4:57	0.0	5:20	0.2	6:26	7:45	
24	Sun			12:03	4.5	5:37	0.2	6:10	0.4	6:26	7:44	
25	Mon	12:20	3.9	12:49	4.3	6:19	0.4	7:03	0.7	6:27	7:42	
26	Tue	1:05	3.5	1:38	4.2	7:03	0.6	7:57	0.9	6:28	7:41	
27	Wed	1:55	3.2	2:34	4.1	7:50	0.8	8:55	1.1	6:29	7:39	
28	Thu	2:51	3.1	3:34	4.1	8:42	0.9	9:56	1.2	6:30	7:38	
29	Fri	3:52	3.0	4:36	4.2	9:38	0.9	10:56	1.1	6:31	7:37	
30	Sat	4:52	3.1	5:32	4.3	10:34	0.8	11:49	1.0	6:31	7:35	
31	Sun	5:45	3.3	6:20	4.6	11:29	0.7			6:32	7:34	