

Sand Shoal Inlet, VA - Nov 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:44	5.4	7:05	4.6	12:13	-0.1	12:52	-0.1	6:27	5:05	
2	Sun	7:31	5.7	7:52	4.5	12:57	-0.2	1:41	-0.2	6:28	5:04	
3	Mon	8:19	5.9	8:40	4.3	1:41	-0.3	2:32	-0.3	6:29	5:03	
4	Tue	9:09	5.9	9:30	4.1	2:27	-0.3	3:24	-0.2	6:30	5:02	
5	Wed	10:01	5.8	10:23	3.9	3:17	-0.3	4:20	0.0	6:31	5:01	
6	Thu	10:57	5.5	11:19	3.6	4:11	-0.1	5:20	0.2	6:32	5:00	
7	Fri	11:56	5.1			5:11	0.1	6:24	0.4	6:33	4:59	
8	Sat	12:21	3.5	1:00	4.8	6:16	0.3	7:28	0.4	6:34	4:58	
9	Sun	1:31	3.4	2:09	4.5	7:25	0.4	8:31	0.4	6:35	4:57	
10	Mon	2:46	3.5	3:15	4.3	8:34	0.4	9:28	0.3	6:37	4:57	
11	Tue	3:52	3.8	4:14	4.2	9:42	0.4	10:19	0.3	6:38	4:56	
12	Wed	4:47	4.1	5:03	4.1	10:44	0.3	11:03	0.2	6:39	4:55	
13	Thu	5:32	4.4	5:47	3.9	11:38	0.2	11:42	0.1	6:40	4:54	
14	Fri	6:13	4.6	6:27	3.8			12:25	0.2	6:41	4:53	
15	Sat	6:51	4.8	7:06	3.7	12:20	0.1	1:06	0.1	6:42	4:53	
16	Sun	7:30	4.9	7:46	3.6	12:56	0.1	1:45	0.2	6:43	4:52	
17	Mon	8:09	4.9	8:25	3.5	1:31	0.1	2:24	0.2	6:44	4:51	
18	Tue	8:49	4.8	9:06	3.4	2:08	0.2	3:03	0.3	6:45	4:51	
19	Wed	9:30	4.7	9:47	3.3	2:46	0.3	3:43	0.5	6:46	4:50	
20	Thu	10:13	4.6	10:29	3.2	3:26	0.4	4:27	0.7	6:47	4:50	
21	Fri	10:57	4.4	11:14	3.1	4:09	0.6	5:13	0.8	6:48	4:49	
22	Sat	11:43	4.3			4:56	0.7	6:02	0.9	6:49	4:48	
23	Sun	12:03	3.1	12:32	4.1	5:49	0.8	6:51	0.8	6:50	4:48	
24	Mon	12:58	3.1	1:24	4.0	6:45	0.8	7:40	0.8	6:51	4:48	
25	Tue	1:56	3.3	2:19	4.0	7:45	0.8	8:28	0.6	6:52	4:47	
26	Wed	2:54	3.7	3:14	4.0	8:45	0.7	9:16	0.4	6:53	4:47	
27	Thu	3:48	4.1	4:06	4.0	9:45	0.5	10:04	0.2	6:54	4:46	
28	Fri	4:39	4.6	4:57	4.1	10:43	0.2	10:52	-0.1	6:55	4:46	
29	Sat	5:29	5.1	5:47	4.1	11:39	0.0	11:40	-0.3	6:56	4:46	
30	Sun	6:19	5.5	6:38	4.1			12:33	-0.3	6:57	4:46	