

Sand Shoal Inlet, VA - Mar 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:52	4.7	9:10	4.4	2:22	-0.9	2:51	-0.6	6:34	5:56	
2	Mon	9:36	4.4	9:55	4.4	3:11	-0.8	3:32	-0.5	6:33	5:57	
3	Tue	10:18	4.0	10:40	4.3	4:00	-0.5	4:13	-0.3	6:31	5:58	
4	Wed	11:00	3.6	11:25	4.2	4:49	-0.2	4:56	-0.1	6:30	5:59	
5	Thu	11:44	3.2			5:40	0.1	5:40	0.1	6:28	6:00	
6	Fri	12:14	3.9	12:32	2.9	6:34	0.4	6:29	0.3	6:27	6:01	
7	Sat	1:08	3.7	1:26	2.7	7:31	0.6	7:22	0.5	6:26	6:02	
8	Sun	2:09	3.6	2:27	2.6	8:32	0.8	8:19	0.6	6:24	6:03	
9	Mon	3:16	3.6	3:30	2.6	9:36	0.8	9:19	0.5	6:23	6:04	
10	Tue	4:17	3.7	4:27	2.8	10:34	0.8	10:16	0.4	6:21	6:05	
11	Wed	5:09	3.9	5:17	3.1	11:21	0.7	11:08	0.2	6:20	6:06	
12	Thu	5:53	4.1	6:01	3.4			12:00	0.5	6:18	6:07	
13	Fri	6:34	4.3	6:43	3.7			12:36	0.3	6:17	6:08	
14	Sat	7:12	4.4	7:24	4.0	12:38	-0.1	1:11	0.1	6:15	6:08	
15	Sun	7:51	4.4	8:04	4.3	1:20	-0.2	1:45	0.0	6:14	6:09	
16	Mon	8:29	4.4	8:45	4.5	2:02	-0.3	2:21	-0.1	6:12	6:10	
17	Tue	9:08	4.3	9:26	4.7	2:44	-0.3	2:58	-0.1	6:11	6:11	
18	Wed	9:48	4.1	10:09	4.8	3:29	-0.2	3:37	-0.1	6:09	6:12	
19	Thu	10:31	3.8	10:55	4.7	4:18	-0.1	4:20	0.0	6:08	6:13	
20	Fri	11:17	3.5	11:48	4.6	5:11	0.1	5:09	0.1	6:06	6:14	
21	Sat			12:09	3.3	6:09	0.2	6:06	0.1	6:05	6:15	
22	Sun	12:48	4.5	1:11	3.1	7:13	0.4	7:09	0.2	6:03	6:16	
23	Mon	1:57	4.4	2:22	3.0	8:21	0.4	8:17	0.1	6:02	6:17	
24	Tue	3:09	4.4	3:34	3.2	9:29	0.4	9:27	0.0	6:00	6:18	
25	Wed	4:18	4.5	4:39	3.5	10:32	0.2	10:33	-0.2	5:59	6:18	
26	Thu	5:17	4.6	5:36	3.8	11:28	0.0	11:35	-0.4	5:57	6:19	
27	Fri	6:10	4.6	6:28	4.2			12:15	-0.2	5:56	6:20	
28	Sat	6:57	4.6	7:15	4.5	12:30	-0.6	12:58	-0.4	5:54	6:21	
29	Sun	7:42	4.5	8:00	4.7	1:20	-0.6	1:38	-0.4	5:53	6:22	
30	Mon	8:25	4.3	8:44	4.8	2:07	-0.6	2:17	-0.4	5:51	6:23	
31	Tue	9:07	4.0	9:26	4.8	2:52	-0.5	2:56	-0.3	5:50	6:24	