

Sand Shoal Inlet, VA - May 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:01	3.3	11:23	4.5	4:56	0.2	4:42	0.3	6:08	7:52	
2	Sat	11:43	3.2			5:41	0.4	5:26	0.5	6:07	7:52	
3	Sun	12:08	4.3	12:28	3.1	6:28	0.6	6:14	0.6	6:06	7:53	
4	Mon	12:56	4.1	1:18	3.0	7:18	0.8	7:07	0.8	6:05	7:54	
5	Tue	1:49	3.9	2:13	3.0	8:09	0.9	8:03	0.8	6:03	7:55	
6	Wed	2:45	3.8	3:13	3.1	8:59	0.9	9:01	0.8	6:02	7:56	
7	Thu	3:42	3.8	4:10	3.4	9:48	0.8	9:59	0.7	6:01	7:57	
8	Fri	4:35	3.8	5:03	3.8	10:34	0.7	10:56	0.6	6:00	7:58	
9	Sat	5:25	3.9	5:50	4.2	11:19	0.5	11:50	0.4	5:59	7:59	
10	Sun	6:11	4.0	6:35	4.6			12:03	0.3	5:58	8:00	
11	Mon	6:57	4.0	7:20	5.0	12:42	0.1	12:47	0.1	5:57	8:00	
12	Tue	7:43	4.1	8:06	5.4	1:32	-0.1	1:31	-0.1	5:57	8:01	
13	Wed	8:30	4.0	8:54	5.6	2:21	-0.2	2:16	-0.2	5:56	8:02	
14	Thu	9:18	4.0	9:44	5.7	3:10	-0.3	3:02	-0.3	5:55	8:03	
15	Fri	10:08	3.9	10:35	5.6	4:00	-0.3	3:51	-0.3	5:54	8:04	
16	Sat	10:59	3.7	11:29	5.4	4:53	-0.2	4:44	-0.2	5:53	8:05	
17	Sun	11:53	3.6			5:50	0.0	5:42	-0.1	5:52	8:06	
18	Mon	12:25	5.1	12:51	3.5	6:49	0.1	6:44	0.1	5:52	8:06	
19	Tue	1:24	4.8	1:55	3.5	7:49	0.2	7:50	0.2	5:51	8:07	
20	Wed	2:27	4.5	3:04	3.6	8:47	0.2	8:58	0.3	5:50	8:08	
21	Thu	3:31	4.2	4:11	3.8	9:43	0.2	10:06	0.3	5:49	8:09	
22	Fri	4:33	4.0	5:11	4.1	10:36	0.1	11:12	0.2	5:49	8:10	
23	Sat	5:29	3.8	6:02	4.4	11:25	0.1			5:48	8:11	
24	Sun	6:18	3.7	6:47	4.6	12:12	0.2	12:10	0.0	5:47	8:11	
25	Mon	7:04	3.6	7:30	4.8	1:05	0.1	12:53	0.0	5:47	8:12	
26	Tue	7:47	3.5	8:11	4.9	1:51	0.0	1:34	0.0	5:46	8:13	
27	Wed	8:30	3.4	8:53	4.9	2:33	0.0	2:14	0.0	5:46	8:14	
28	Thu	9:11	3.4	9:34	4.8	3:13	0.1	2:53	0.1	5:45	8:14	
29	Fri	9:53	3.3	10:17	4.7	3:52	0.2	3:33	0.2	5:45	8:15	
30	Sat	10:35	3.3	10:59	4.6	4:33	0.3	4:14	0.3	5:44	8:16	
31	Sun	11:18	3.2	11:42	4.4	5:15	0.5	4:57	0.4	5:44	8:16	