

Sand Shoal Inlet, VA - Jun 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:02	3.2	5:58	0.6	5:44	0.6	5:44	8:17	
2	Tue	12:26	4.2	12:48	3.2	6:43	0.7	6:34	0.7	5:43	8:18	
3	Wed	1:12	4.1	1:38	3.2	7:28	0.7	7:27	0.8	5:43	8:18	
4	Thu	2:00	3.9	2:32	3.4	8:13	0.7	8:23	0.8	5:43	8:19	
5	Fri	2:51	3.8	3:27	3.7	8:58	0.6	9:21	0.8	5:42	8:20	
6	Sat	3:45	3.7	4:21	4.0	9:44	0.5	10:19	0.6	5:42	8:20	
7	Sun	4:38	3.7	5:12	4.5	10:31	0.4	11:18	0.5	5:42	8:21	
8	Mon	5:30	3.7	6:02	4.9	11:20	0.2			5:42	8:21	
9	Tue	6:21	3.8	6:52	5.3	12:14	0.2	12:10	0.0	5:42	8:22	
10	Wed	7:12	3.8	7:43	5.6	1:09	0.0	1:00	-0.2	5:42	8:22	
11	Thu	8:04	3.8	8:35	5.8	2:02	-0.2	1:51	-0.4	5:41	8:23	
12	Fri	8:57	3.9	9:28	5.8	2:54	-0.3	2:43	-0.5	5:41	8:23	
13	Sat	9:51	3.9	10:22	5.7	3:46	-0.3	3:36	-0.5	5:41	8:24	
14	Sun	10:45	3.9	11:16	5.5	4:40	-0.3	4:32	-0.4	5:41	8:24	
15	Mon	11:41	3.8			5:34	-0.2	5:30	-0.2	5:41	8:25	
16	Tue	12:10	5.2	12:38	3.8	6:30	-0.1	6:32	-0.1	5:41	8:25	
17	Wed	1:05	4.8	1:39	3.9	7:24	0.0	7:37	0.1	5:42	8:25	
18	Thu	2:02	4.3	2:42	3.9	8:18	0.0	8:43	0.3	5:42	8:26	
19	Fri	3:01	3.9	3:46	4.1	9:09	0.1	9:49	0.4	5:42	8:26	
20	Sat	4:01	3.6	4:45	4.3	10:00	0.1	10:55	0.4	5:42	8:26	
21	Sun	4:58	3.4	5:37	4.4	10:49	0.2	11:56	0.4	5:42	8:26	
22	Mon	5:50	3.2	6:24	4.6	11:37	0.2			5:42	8:27	
23	Tue	6:37	3.2	7:08	4.6	12:50	0.3	12:23	0.2	5:43	8:27	
24	Wed	7:21	3.2	7:50	4.7	1:35	0.3	1:07	0.2	5:43	8:27	
25	Thu	8:04	3.2	8:32	4.7	2:16	0.3	1:49	0.2	5:43	8:27	
26	Fri	8:47	3.3	9:14	4.7	2:54	0.3	2:30	0.2	5:44	8:27	
27	Sat	9:29	3.3	9:56	4.7	3:31	0.3	3:10	0.2	5:44	8:27	
28	Sun	10:11	3.4	10:36	4.6	4:09	0.4	3:51	0.3	5:44	8:27	
29	Mon	10:53	3.4	11:16	4.5	4:47	0.5	4:33	0.4	5:45	8:27	
30	Tue	11:35	3.4	11:56	4.4	5:26	0.5	5:16	0.5	5:45	8:27	