

Sand Shoal Inlet, VA - Aug 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:42	4.0	1:14	4.2	6:45	0.5	7:19	0.7	6:07	8:11	
2	Sun	1:27	3.7	2:06	4.4	7:30	0.5	8:18	0.8	6:08	8:10	
3	Mon	2:21	3.5	3:05	4.5	8:20	0.5	9:21	0.8	6:09	8:09	
4	Tue	3:22	3.4	4:09	4.8	9:17	0.4	10:26	0.7	6:09	8:08	
5	Wed	4:27	3.4	5:12	5.1	10:17	0.2	11:31	0.5	6:10	8:07	
6	Thu	5:30	3.5	6:12	5.4	11:20	0.0			6:11	8:06	
7	Fri	6:30	3.7	7:10	5.6	12:32	0.3	12:22	-0.2	6:12	8:05	
8	Sat	7:27	4.0	8:05	5.7	1:28	0.0	1:20	-0.5	6:13	8:04	
9	Sun	8:23	4.2	8:57	5.7	2:20	-0.2	2:16	-0.6	6:14	8:03	
10	Mon	9:16	4.5	9:48	5.6	3:08	-0.3	3:10	-0.6	6:14	8:02	
11	Tue	10:09	4.7	10:36	5.3	3:54	-0.4	4:04	-0.5	6:15	8:00	
12	Wed	11:00	4.7	11:24	4.9	4:40	-0.3	4:58	-0.3	6:16	7:59	
13	Thu	11:51	4.7			5:27	-0.2	5:54	0.0	6:17	7:58	
14	Fri	12:11	4.4	12:42	4.6	6:13	0.0	6:53	0.3	6:18	7:57	
15	Sat	12:59	3.9	1:35	4.5	7:01	0.2	7:53	0.5	6:19	7:56	
16	Sun	1:51	3.4	2:33	4.3	7:51	0.4	8:57	0.8	6:19	7:54	
17	Mon	2:48	3.1	3:35	4.2	8:44	0.6	10:03	0.9	6:20	7:53	
18	Tue	3:51	3.0	4:39	4.2	9:40	0.7	11:09	0.9	6:21	7:52	
19	Wed	4:53	3.0	5:36	4.3	10:36	0.7			6:22	7:51	
20	Thu	5:47	3.1	6:25	4.4	12:07	0.9	11:31 AM	0.6	6:23	7:49	
21	Fri	6:33	3.3	7:09	4.6	12:51	0.8	12:21	0.5	6:24	7:48	
22	Sat	7:16	3.5	7:48	4.7	1:27	0.7	1:06	0.4	6:25	7:47	
23	Sun	7:58	3.7	8:26	4.8	2:00	0.6	1:47	0.3	6:25	7:45	
24	Mon	8:38	4.0	9:03	4.8	2:32	0.5	2:27	0.2	6:26	7:44	
25	Tue	9:17	4.2	9:40	4.8	3:05	0.4	3:06	0.2	6:27	7:42	
26	Wed	9:56	4.3	10:16	4.7	3:37	0.4	3:46	0.3	6:28	7:41	
27	Thu	10:35	4.5	10:53	4.5	4:11	0.4	4:28	0.4	6:29	7:40	
28	Fri	11:14	4.6	11:31	4.2	4:47	0.4	5:13	0.5	6:30	7:38	
29	Sat	11:56	4.7			5:24	0.5	6:02	0.6	6:30	7:37	
30	Sun	12:12	4.0	12:43	4.7	6:07	0.5	6:57	0.8	6:31	7:35	
31	Mon	12:58	3.7	1:37	4.7	6:56	0.6	7:57	0.8	6:32	7:34	