

Sand Shoal Inlet, VA - Nov 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:56	4.0	4:22	4.6	9:49	0.3	10:27	0.2	6:27	5:06	
2	Mon	4:53	4.4	5:14	4.5	10:53	0.1	11:15	0.0	6:28	5:04	
3	Tue	5:43	4.8	6:02	4.4	11:50	0.0	11:59	-0.1	6:29	5:03	
4	Wed	6:29	5.1	6:48	4.2			12:41	-0.1	6:30	5:02	
5	Thu	7:14	5.3	7:32	4.1	12:41	-0.2	1:28	-0.1	6:31	5:01	
6	Fri	7:57	5.3	8:15	3.9	1:22	-0.2	2:13	-0.1	6:32	5:00	
7	Sat	8:41	5.2	8:58	3.7	2:02	-0.1	2:57	0.1	6:33	5:00	
8	Sun	9:24	5.1	9:42	3.5	2:43	0.1	3:41	0.3	6:34	4:59	
9	Mon	10:09	4.8	10:26	3.3	3:25	0.2	4:28	0.5	6:35	4:58	
10	Tue	10:55	4.6	11:12	3.2	4:09	0.4	5:17	0.7	6:36	4:57	
11	Wed	11:43	4.3			4:58	0.6	6:08	0.9	6:37	4:56	
12	Thu	12:02	3.1	12:35	4.1	5:51	0.8	7:00	1.0	6:38	4:55	
13	Fri	12:58	3.0	1:30	4.0	6:48	0.9	7:50	1.0	6:39	4:54	
14	Sat	1:59	3.2	2:26	3.9	7:46	0.9	8:37	0.9	6:40	4:54	
15	Sun	2:57	3.4	3:19	3.9	8:44	0.9	9:21	0.8	6:42	4:53	
16	Mon	3:50	3.7	4:07	3.9	9:40	0.8	10:04	0.6	6:43	4:52	
17	Tue	4:36	4.1	4:53	4.0	10:33	0.6	10:46	0.4	6:44	4:52	
18	Wed	5:20	4.6	5:37	4.0	11:24	0.4	11:27	0.2	6:45	4:51	
19	Thu	6:03	4.9	6:21	4.0			12:12	0.2	6:46	4:50	
20	Fri	6:47	5.3	7:05	4.0	12:10	0.0	12:59	0.0	6:47	4:50	
21	Sat	7:33	5.5	7:51	3.9	12:53	-0.1	1:46	-0.1	6:48	4:49	
22	Sun	8:20	5.6	8:39	3.9	1:37	-0.2	2:35	-0.1	6:49	4:49	
23	Mon	9:10	5.6	9:29	3.8	2:24	-0.3	3:25	0.0	6:50	4:48	
24	Tue	10:01	5.5	10:21	3.6	3:14	-0.2	4:19	0.1	6:51	4:48	
25	Wed	10:55	5.3	11:17	3.5	4:09	-0.1	5:16	0.2	6:52	4:47	
26	Thu	11:52	5.0			5:09	0.0	6:15	0.2	6:53	4:47	
27	Fri	12:19	3.5	12:52	4.6	6:14	0.2	7:14	0.2	6:54	4:47	
28	Sat	1:25	3.6	1:54	4.3	7:21	0.2	8:11	0.1	6:55	4:46	
29	Sun	2:34	3.8	2:58	4.1	8:30	0.3	9:05	0.1	6:56	4:46	
30	Mon	3:39	4.1	3:57	3.9	9:38	0.2	9:56	0.0	6:57	4:46	