

Sand Shoal Inlet, VA - Jan 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:52	4.4	6:01	2.9			12:17	0.1	7:17	4:55	
2	Sat	6:37	4.4	6:45	3.0			1:01	0.1	7:17	4:56	
3	Sun	7:20	4.5	7:28	3.0	12:35	-0.2	1:40	0.1	7:17	4:57	
4	Mon	8:02	4.5	8:10	3.1	1:17	-0.2	2:17	0.1	7:17	4:58	
5	Tue	8:43	4.5	8:52	3.1	1:58	-0.2	2:54	0.1	7:17	4:59	
6	Wed	9:22	4.4	9:33	3.2	2:37	-0.2	3:30	0.2	7:17	4:59	
7	Thu	10:01	4.3	10:14	3.2	3:18	-0.1	4:07	0.2	7:17	5:00	
8	Fri	10:39	4.1	10:56	3.3	4:00	0.1	4:45	0.3	7:17	5:01	
9	Sat	11:18	3.8	11:39	3.3	4:44	0.2	5:23	0.3	7:17	5:02	
10	Sun	11:58	3.6			5:32	0.4	6:03	0.4	7:17	5:03	
11	Mon	12:26	3.4	12:42	3.4	6:24	0.5	6:46	0.4	7:17	5:04	
12	Tue	1:17	3.5	1:32	3.1	7:20	0.6	7:32	0.3	7:17	5:05	
13	Wed	2:13	3.7	2:29	3.0	8:20	0.6	8:23	0.2	7:16	5:06	
14	Thu	3:12	4.0	3:28	3.0	9:22	0.5	9:18	0.1	7:16	5:07	
15	Fri	4:11	4.3	4:27	3.1	10:25	0.3	10:16	-0.1	7:16	5:08	
16	Sat	5:08	4.7	5:23	3.2	11:25	0.1	11:14	-0.4	7:15	5:09	
17	Sun	6:03	5.0	6:18	3.4			12:20	-0.2	7:15	5:10	
18	Mon	6:57	5.3	7:12	3.6	12:10	-0.7	1:12	-0.4	7:15	5:11	
19	Tue	7:50	5.4	8:06	3.8	1:04	-0.9	2:02	-0.6	7:14	5:12	
20	Wed	8:41	5.4	8:59	4.0	1:57	-1.0	2:51	-0.7	7:14	5:13	
21	Thu	9:31	5.3	9:51	4.1	2:51	-1.0	3:39	-0.7	7:13	5:14	
22	Fri	10:20	4.9	10:44	4.2	3:45	-0.9	4:27	-0.7	7:13	5:15	
23	Sat	11:09	4.5	11:37	4.1	4:42	-0.7	5:16	-0.6	7:12	5:16	
24	Sun	11:59	3.9			5:42	-0.4	6:06	-0.4	7:12	5:18	
25	Mon	12:34	4.1	12:52	3.4	6:44	-0.1	6:57	-0.3	7:11	5:19	
26	Tue	1:34	3.9	1:49	3.0	7:49	0.1	7:51	-0.1	7:10	5:20	
27	Wed	2:39	3.9	2:52	2.7	8:57	0.3	8:47	0.0	7:10	5:21	
28	Thu	3:44	3.9	3:55	2.6	10:07	0.4	9:45	0.0	7:09	5:22	
29	Fri	4:45	3.9	4:52	2.6	11:12	0.4	10:41	0.0	7:08	5:23	
30	Sat	5:37	4.0	5:42	2.7			12:04	0.3	7:08	5:24	
31	Sun	6:23	4.1	6:26	2.9			12:45	0.2	7:07	5:25	