

Sand Shoal Inlet, VA - Mar 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:40	4.1	6:44	3.3			12:48	0.3	6:33	5:57	
2	Wed	7:16	4.2	7:23	3.6	12:39	-0.1	1:19	0.2	6:32	5:58	
3	Thu	7:52	4.2	8:01	3.8	1:18	-0.2	1:49	0.1	6:30	5:59	
4	Fri	8:27	4.2	8:39	4.0	1:56	-0.2	2:20	0.1	6:29	6:00	
5	Sat	9:03	4.1	9:16	4.1	2:34	-0.2	2:53	0.1	6:27	6:01	
6	Sun	9:38	3.9	9:54	4.2	3:13	-0.1	3:26	0.1	6:26	6:02	
7	Mon	10:14	3.7	10:33	4.2	3:54	0.0	4:01	0.2	6:25	6:03	
8	Tue	10:52	3.5	11:15	4.2	4:39	0.2	4:41	0.2	6:23	6:04	
9	Wed	11:34	3.3			5:28	0.3	5:26	0.3	6:22	6:04	
10	Thu	12:05	4.2	12:23	3.1	6:24	0.5	6:20	0.3	6:20	6:05	
11	Fri	1:04	4.2	1:24	3.0	7:26	0.6	7:22	0.3	6:19	6:06	
12	Sat	2:11	4.2	2:33	3.0	8:32	0.5	8:28	0.2	6:17	6:07	
13	Sun	3:21	4.4	3:43	3.2	9:38	0.4	9:36	-0.1	6:16	6:08	
14	Mon	4:26	4.6	4:46	3.5	10:40	0.2	10:41	-0.3	6:14	6:09	
15	Tue	5:25	4.8	5:44	4.0	11:35	-0.1	11:42	-0.6	6:13	6:10	
16	Wed	6:19	5.0	6:37	4.4			12:25	-0.4	6:11	6:11	
17	Thu	7:09	5.0	7:29	4.8	12:39	-0.8	1:11	-0.6	6:10	6:12	
18	Fri	7:58	4.9	8:18	5.0	1:32	-0.9	1:55	-0.7	6:08	6:13	
19	Sat	8:45	4.6	9:07	5.1	2:23	-0.9	2:39	-0.7	6:07	6:14	
20	Sun	9:31	4.3	9:54	5.0	3:14	-0.8	3:23	-0.6	6:05	6:15	
21	Mon	10:17	3.9	10:42	4.8	4:06	-0.5	4:08	-0.4	6:04	6:16	
22	Tue	11:04	3.5	11:32	4.5	4:59	-0.2	4:56	-0.1	6:02	6:16	
23	Wed	11:53	3.1			5:55	0.1	5:48	0.2	6:01	6:17	
24	Thu	12:26	4.1	12:46	2.9	6:54	0.4	6:44	0.4	5:59	6:18	
25	Fri	1:27	3.8	1:48	2.7	7:57	0.7	7:45	0.5	5:58	6:19	
26	Sat	2:36	3.7	2:55	2.7	9:03	0.8	8:47	0.5	5:56	6:20	
27	Sun	3:44	3.7	3:58	2.9	10:04	0.8	9:48	0.5	5:55	6:21	
28	Mon	4:40	3.8	4:50	3.1	10:52	0.7	10:43	0.4	5:53	6:22	
29	Tue	5:24	3.9	5:33	3.5	11:30	0.6	11:31	0.3	5:52	6:23	
30	Wed	6:03	4.0	6:14	3.8			12:04	0.4	5:50	6:24	
31	Thu	6:41	4.1	6:53	4.1	12:14	0.1	12:36	0.3	5:49	6:24	