

Sand Shoal Inlet, VA - Jul 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:52	3.9	10:22	5.6	3:46	-0.1	3:38	-0.4	5:46	8:27	
2	Sat	10:44	4.0	11:12	5.4	4:35	-0.2	4:32	-0.3	5:46	8:27	
3	Sun	11:37	4.1			5:25	-0.2	5:29	-0.2	5:47	8:27	
4	Mon	12:03	5.1	12:32	4.2	6:16	-0.2	6:29	0.0	5:47	8:27	
5	Tue	12:54	4.7	1:29	4.3	7:07	-0.1	7:32	0.1	5:48	8:27	
6	Wed	1:48	4.2	2:30	4.4	7:58	-0.1	8:38	0.3	5:49	8:26	
7	Thu	2:46	3.8	3:33	4.5	8:50	0.0	9:45	0.4	5:49	8:26	
8	Fri	3:47	3.4	4:35	4.6	9:43	0.0	10:52	0.4	5:50	8:26	
9	Sat	4:49	3.2	5:33	4.7	10:38	0.1	11:57	0.4	5:50	8:25	
10	Sun	5:46	3.1	6:26	4.8	11:33	0.1			5:51	8:25	
11	Mon	6:39	3.1	7:15	4.8	12:54	0.3	12:26	0.1	5:52	8:25	
12	Tue	7:27	3.2	8:01	4.8	1:43	0.3	1:15	0.0	5:52	8:24	
13	Wed	8:13	3.3	8:45	4.8	2:26	0.3	2:01	0.0	5:53	8:24	
14	Thu	8:57	3.4	9:27	4.8	3:04	0.3	2:44	0.0	5:54	8:23	
15	Fri	9:39	3.5	10:07	4.7	3:41	0.3	3:25	0.1	5:54	8:23	
16	Sat	10:21	3.6	10:46	4.6	4:17	0.3	4:06	0.2	5:55	8:22	
17	Sun	11:03	3.6	11:24	4.4	4:53	0.4	4:49	0.3	5:56	8:22	
18	Mon	11:44	3.7			5:30	0.4	5:33	0.5	5:56	8:21	
19	Tue	12:02	4.2	12:27	3.8	6:07	0.5	6:20	0.7	5:57	8:21	
20	Wed	12:42	3.9	1:11	3.8	6:45	0.6	7:10	0.8	5:58	8:20	
21	Thu	1:24	3.6	1:59	3.9	7:26	0.6	8:03	0.9	5:59	8:19	
22	Fri	2:11	3.4	2:52	4.1	8:10	0.7	9:00	0.9	5:59	8:19	
23	Sat	3:05	3.3	3:49	4.3	8:58	0.6	9:59	0.9	6:00	8:18	
24	Sun	4:04	3.2	4:47	4.5	9:52	0.5	11:00	0.8	6:01	8:17	
25	Mon	5:02	3.3	5:43	4.9	10:49	0.4			6:02	8:16	
26	Tue	5:59	3.4	6:38	5.2	12:00	0.6	11:46 AM	0.1	6:03	8:16	
27	Wed	6:54	3.6	7:31	5.5	12:56	0.4	12:43	-0.1	6:03	8:15	
28	Thu	7:47	3.9	8:22	5.7	1:47	0.1	1:38	-0.3	6:04	8:14	
29	Fri	8:40	4.2	9:13	5.7	2:36	-0.1	2:31	-0.5	6:05	8:13	
30	Sat	9:33	4.4	10:03	5.6	3:23	-0.3	3:24	-0.6	6:06	8:12	
31	Sun	10:25	4.6	10:52	5.4	4:10	-0.4	4:19	-0.5	6:07	8:11	