

Sand Shoal Inlet, VA - Aug 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:17	4.8	11:41	5.0	4:57	-0.4	5:15	-0.3	6:07	8:10	
2	Tue			12:10	4.8	5:45	-0.3	6:14	-0.1	6:08	8:09	
3	Wed	12:30	4.5	1:05	4.8	6:35	-0.2	7:16	0.2	6:09	8:08	
4	Thu	1:23	4.0	2:04	4.7	7:26	0.0	8:21	0.4	6:10	8:07	
5	Fri	2:20	3.5	3:07	4.6	8:20	0.1	9:29	0.6	6:11	8:06	
6	Sat	3:23	3.2	4:14	4.5	9:17	0.3	10:39	0.6	6:12	8:05	
7	Sun	4:29	3.0	5:17	4.5	10:16	0.4	11:46	0.7	6:13	8:04	
8	Mon	5:31	3.1	6:14	4.6	11:15	0.4			6:13	8:03	
9	Tue	6:24	3.2	7:02	4.6	12:43	0.6	12:11	0.3	6:14	8:02	
10	Wed	7:10	3.3	7:45	4.7	1:28	0.5	1:00	0.2	6:15	8:01	
11	Thu	7:53	3.5	8:24	4.7	2:05	0.5	1:44	0.2	6:16	8:00	
12	Fri	8:34	3.7	9:02	4.8	2:38	0.4	2:24	0.1	6:17	7:58	
13	Sat	9:14	3.9	9:39	4.7	3:09	0.4	3:03	0.2	6:18	7:57	
14	Sun	9:53	4.0	10:15	4.6	3:41	0.4	3:42	0.2	6:18	7:56	
15	Mon	10:32	4.1	10:51	4.4	4:13	0.4	4:22	0.4	6:19	7:55	
16	Tue	11:10	4.2	11:27	4.2	4:47	0.5	5:03	0.5	6:20	7:53	
17	Wed	11:49	4.2			5:21	0.6	5:48	0.7	6:21	7:52	
18	Thu	12:04	3.9	12:31	4.3	5:58	0.6	6:36	0.9	6:22	7:51	
19	Fri	12:44	3.6	1:17	4.3	6:39	0.7	7:29	1.0	6:23	7:50	
20	Sat	1:30	3.4	2:11	4.3	7:27	0.8	8:27	1.0	6:23	7:48	
21	Sun	2:25	3.3	3:12	4.4	8:21	0.7	9:29	1.0	6:24	7:47	
22	Mon	3:29	3.2	4:17	4.7	9:21	0.6	10:33	0.9	6:25	7:46	
23	Tue	4:35	3.4	5:19	5.0	10:23	0.4	11:35	0.7	6:26	7:44	
24	Wed	5:36	3.6	6:16	5.3	11:26	0.2			6:27	7:43	
25	Thu	6:33	4.0	7:10	5.5	12:32	0.4	12:26	-0.1	6:28	7:41	
26	Fri	7:28	4.4	8:01	5.7	1:23	0.1	1:23	-0.4	6:28	7:40	
27	Sat	8:20	4.7	8:51	5.7	2:10	-0.2	2:17	-0.5	6:29	7:39	
28	Sun	9:12	5.1	9:40	5.5	2:56	-0.4	3:10	-0.6	6:30	7:37	
29	Mon	10:03	5.3	10:28	5.2	3:41	-0.4	4:04	-0.5	6:31	7:36	
30	Tue	10:54	5.4	11:16	4.7	4:26	-0.4	4:59	-0.3	6:32	7:34	
31	Wed	11:45	5.3			5:13	-0.3	5:56	0.0	6:33	7:33	