

Sand Shoal Inlet, VA - May 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:51	4.4	5:22	4.4	10:54	0.1	11:24	0.0	6:07	7:52	
2	Tue	5:47	4.4	6:16	4.9	11:46	-0.2			6:06	7:53	
3	Wed	6:41	4.4	7:09	5.3	12:25	-0.3	12:36	-0.4	6:05	7:54	
4	Thu	7:33	4.3	8:00	5.6	1:22	-0.5	1:25	-0.5	6:04	7:55	
5	Fri	8:24	4.2	8:51	5.7	2:16	-0.6	2:14	-0.6	6:03	7:56	
6	Sat	9:15	4.0	9:42	5.7	3:09	-0.6	3:02	-0.6	6:02	7:57	
7	Sun	10:06	3.9	10:34	5.5	4:00	-0.5	3:51	-0.4	6:01	7:57	
8	Mon	10:56	3.7	11:25	5.1	4:53	-0.3	4:42	-0.2	6:00	7:58	
9	Tue	11:48	3.5			5:47	0.0	5:37	0.0	5:59	7:59	
10	Wed	12:18	4.7	12:41	3.3	6:43	0.2	6:34	0.2	5:58	8:00	
11	Thu	1:12	4.4	1:38	3.2	7:40	0.4	7:34	0.4	5:57	8:01	
12	Fri	2:10	4.0	2:40	3.2	8:35	0.5	8:36	0.6	5:56	8:02	
13	Sat	3:09	3.8	3:42	3.3	9:26	0.6	9:37	0.7	5:55	8:03	
14	Sun	4:06	3.6	4:38	3.5	10:12	0.6	10:36	0.7	5:54	8:04	
15	Mon	4:57	3.5	5:26	3.8	10:54	0.6	11:30	0.6	5:53	8:04	
16	Tue	5:43	3.5	6:08	4.1	11:34	0.5			5:53	8:05	
17	Wed	6:25	3.5	6:48	4.4	12:19	0.5	12:13	0.4	5:52	8:06	
18	Thu	7:07	3.5	7:28	4.6	1:03	0.4	12:52	0.4	5:51	8:07	
19	Fri	7:47	3.5	8:09	4.8	1:43	0.3	1:30	0.3	5:50	8:08	
20	Sat	8:29	3.5	8:50	4.9	2:23	0.3	2:09	0.2	5:50	8:09	
21	Sun	9:10	3.5	9:31	5.0	3:03	0.2	2:49	0.2	5:49	8:09	
22	Mon	9:52	3.5	10:14	5.0	3:44	0.3	3:29	0.2	5:48	8:10	
23	Tue	10:34	3.5	10:58	4.9	4:27	0.3	4:13	0.3	5:48	8:11	
24	Wed	11:19	3.5	11:44	4.9	5:13	0.4	5:00	0.3	5:47	8:12	
25	Thu			12:06	3.5	6:02	0.4	5:52	0.4	5:47	8:12	
26	Fri	12:32	4.7	12:59	3.5	6:52	0.4	6:51	0.4	5:46	8:13	
27	Sat	1:25	4.6	1:57	3.7	7:44	0.3	7:53	0.4	5:46	8:14	
28	Sun	2:21	4.4	2:59	4.0	8:36	0.2	8:58	0.4	5:45	8:15	
29	Mon	3:21	4.2	4:01	4.3	9:29	0.1	10:03	0.3	5:45	8:15	
30	Tue	4:21	4.0	5:00	4.7	10:21	0.0	11:08	0.1	5:44	8:16	
31	Wed	5:20	3.9	5:56	5.1	11:15	-0.2			5:44	8:17	