

Sand Shoal Inlet, VA - Jun 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:16	3.8	6:49	5.4	12:11	-0.1	12:08	-0.3	5:43	8:17	
2	Fri	7:10	3.8	7:42	5.6	1:10	-0.2	1:00	-0.4	5:43	8:18	
3	Sat	8:03	3.7	8:34	5.6	2:04	-0.3	1:51	-0.5	5:43	8:19	
4	Sun	8:55	3.7	9:26	5.5	2:56	-0.3	2:42	-0.5	5:43	8:19	
5	Mon	9:46	3.6	10:16	5.3	3:45	-0.2	3:31	-0.4	5:42	8:20	
6	Tue	10:36	3.6	11:05	5.0	4:35	-0.1	4:22	-0.2	5:42	8:21	
7	Wed	11:26	3.5	11:53	4.7	5:24	0.1	5:13	0.0	5:42	8:21	
8	Thu			12:15	3.4	6:14	0.2	6:07	0.3	5:42	8:22	
9	Fri	12:41	4.3	1:07	3.4	7:02	0.4	7:02	0.5	5:42	8:22	
10	Sat	1:29	4.0	2:00	3.4	7:48	0.5	7:58	0.6	5:41	8:23	
11	Sun	2:19	3.7	2:55	3.5	8:32	0.5	8:55	0.8	5:41	8:23	
12	Mon	3:11	3.4	3:50	3.7	9:14	0.6	9:52	0.8	5:41	8:24	
13	Tue	4:04	3.3	4:41	3.9	9:57	0.6	10:48	0.8	5:41	8:24	
14	Wed	4:54	3.2	5:29	4.2	10:41	0.6	11:41	0.7	5:41	8:24	
15	Thu	5:43	3.2	6:14	4.4	11:26	0.5			5:41	8:25	
16	Fri	6:29	3.3	6:58	4.7	12:30	0.6	12:12	0.4	5:42	8:25	
17	Sat	7:14	3.3	7:42	4.9	1:15	0.5	12:57	0.3	5:42	8:25	
18	Sun	7:59	3.4	8:26	5.0	1:59	0.4	1:41	0.2	5:42	8:26	
19	Mon	8:43	3.5	9:11	5.1	2:41	0.3	2:25	0.1	5:42	8:26	
20	Tue	9:28	3.6	9:56	5.2	3:24	0.2	3:10	0.0	5:42	8:26	
21	Wed	10:14	3.7	10:40	5.2	4:08	0.2	3:56	0.0	5:42	8:26	
22	Thu	11:01	3.7	11:26	5.1	4:53	0.1	4:46	0.1	5:43	8:27	
23	Fri	11:50	3.9			5:39	0.1	5:39	0.1	5:43	8:27	
24	Sat	12:13	4.8	12:42	4.0	6:27	0.1	6:37	0.2	5:43	8:27	
25	Sun	1:02	4.5	1:38	4.2	7:16	0.1	7:39	0.3	5:43	8:27	
26	Mon	1:56	4.2	2:37	4.3	8:07	0.0	8:43	0.3	5:44	8:27	
27	Tue	2:54	3.9	3:39	4.6	8:59	0.0	9:49	0.3	5:44	8:27	
28	Wed	3:55	3.6	4:40	4.8	9:53	-0.1	10:55	0.3	5:45	8:27	
29	Thu	4:57	3.5	5:39	5.0	10:49	-0.1			5:45	8:27	
30	Fri	5:56	3.4	6:35	5.2	12:00	0.2	11:46 AM	-0.2	5:45	8:27	