

Sand Shoal Inlet, VA - Sep 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:20	4.3	9:42	4.6	3:07	0.3	3:17	0.1	6:33	7:32	
2	Sat	9:59	4.5	10:18	4.4	3:39	0.3	3:56	0.3	6:34	7:30	
3	Sun	10:37	4.5	10:55	4.1	4:11	0.4	4:36	0.4	6:35	7:29	
4	Mon	11:16	4.5	11:33	3.9	4:45	0.5	5:18	0.6	6:36	7:27	
5	Tue	11:57	4.4			5:21	0.6	6:03	0.8	6:37	7:26	
6	Wed	12:12	3.6	12:41	4.3	6:01	0.8	6:53	1.0	6:37	7:24	
7	Thu	12:55	3.4	1:30	4.3	6:46	0.9	7:47	1.2	6:38	7:23	
8	Fri	1:45	3.2	2:28	4.2	7:38	1.0	8:45	1.2	6:39	7:21	
9	Sat	2:45	3.2	3:31	4.3	8:36	0.9	9:46	1.2	6:40	7:20	
10	Sun	3:49	3.3	4:33	4.6	9:37	0.8	10:45	1.0	6:41	7:18	
11	Mon	4:51	3.5	5:29	4.8	10:38	0.6	11:40	0.8	6:41	7:17	
12	Tue	5:47	3.9	6:21	5.1	11:37	0.3			6:42	7:15	
13	Wed	6:39	4.3	7:09	5.3	12:29	0.5	12:33	0.1	6:43	7:14	
14	Thu	7:28	4.8	7:56	5.4	1:15	0.1	1:26	-0.2	6:44	7:12	
15	Fri	8:18	5.2	8:44	5.4	1:59	-0.1	2:18	-0.4	6:45	7:11	
16	Sat	9:07	5.5	9:31	5.2	2:42	-0.3	3:10	-0.4	6:46	7:09	
17	Sun	9:56	5.7	10:19	4.9	3:26	-0.4	4:02	-0.4	6:46	7:08	
18	Mon	10:46	5.8	11:08	4.5	4:12	-0.3	4:56	-0.2	6:47	7:06	
19	Tue	11:38	5.6	11:59	4.1	5:00	-0.2	5:54	0.1	6:48	7:05	
20	Wed			12:34	5.3	5:52	0.0	6:56	0.4	6:49	7:03	
21	Thu	12:54	3.7	1:35	5.0	6:50	0.2	8:02	0.6	6:50	7:01	
22	Fri	1:55	3.4	2:43	4.7	7:53	0.4	9:13	0.7	6:51	7:00	
23	Sat	3:06	3.3	3:57	4.6	9:00	0.5	10:23	0.8	6:51	6:58	
24	Sun	4:22	3.3	5:06	4.5	10:07	0.6	11:25	0.7	6:52	6:57	
25	Mon	5:27	3.5	6:01	4.5	11:12	0.5			6:53	6:55	
26	Tue	6:17	3.8	6:44	4.5	12:14	0.6	12:08	0.4	6:54	6:54	
27	Wed	6:59	4.0	7:22	4.5	12:53	0.5	12:56	0.3	6:55	6:52	
28	Thu	7:37	4.3	7:58	4.5	1:26	0.4	1:38	0.3	6:56	6:51	
29	Fri	8:14	4.5	8:34	4.4	1:57	0.4	2:17	0.3	6:56	6:49	
30	Sat	8:51	4.7	9:10	4.3	2:28	0.3	2:54	0.3	6:57	6:48	