

Sand Shoal Inlet, VA - Nov 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:19	4.9	9:36	3.6	2:36	0.4	3:28	0.6	6:27	5:05	☀
2	Thu	10:01	4.8	10:16	3.5	3:15	0.5	4:12	0.7	6:28	5:04	☀
3	Fri	10:44	4.7	11:01	3.4	3:57	0.6	5:00	0.8	6:29	5:03	☀
4	Sat	11:31	4.6	11:51	3.3	4:44	0.7	5:52	0.9	6:31	5:02	☀
5	Sun			12:24	4.5	5:40	0.8	6:46	0.9	6:32	5:01	☀
6	Mon	12:49	3.4	1:21	4.5	6:41	0.8	7:41	0.8	6:33	5:00	☀
7	Tue	1:52	3.6	2:22	4.4	7:45	0.7	8:34	0.6	6:34	4:59	☀
8	Wed	2:56	3.9	3:21	4.5	8:50	0.5	9:26	0.3	6:35	4:58	☀
9	Thu	3:55	4.4	4:17	4.5	9:53	0.3	10:17	0.0	6:36	4:57	☀
10	Fri	4:49	4.9	5:10	4.5	10:55	0.0	11:07	-0.2	6:37	4:56	☀
11	Sat	5:42	5.4	6:02	4.4	11:53	-0.2	11:57	-0.4	6:38	4:56	☀
12	Sun	6:33	5.8	6:54	4.3			12:48	-0.4	6:39	4:55	☀
13	Mon	7:24	6.0	7:45	4.2	12:45	-0.6	1:41	-0.4	6:40	4:54	☀
14	Tue	8:16	6.0	8:36	4.0	1:35	-0.6	2:33	-0.4	6:41	4:53	☀
15	Wed	9:09	5.8	9:28	3.9	2:24	-0.6	3:27	-0.2	6:42	4:53	☀
16	Thu	10:02	5.5	10:21	3.7	3:16	-0.4	4:21	0.0	6:43	4:52	☀
17	Fri	10:55	5.1	11:16	3.5	4:10	-0.2	5:19	0.2	6:44	4:51	☀
18	Sat	11:50	4.7			5:08	0.1	6:17	0.4	6:45	4:51	☀
19	Sun	12:14	3.3	12:47	4.3	6:09	0.3	7:14	0.5	6:46	4:50	☀
20	Mon	1:17	3.3	1:47	4.0	7:13	0.5	8:08	0.5	6:47	4:49	☀
21	Tue	2:23	3.4	2:45	3.7	8:16	0.6	8:56	0.5	6:48	4:49	☀
22	Wed	3:23	3.5	3:39	3.6	9:18	0.7	9:40	0.5	6:49	4:48	☀
23	Thu	4:14	3.8	4:26	3.5	10:15	0.6	10:21	0.5	6:50	4:48	☀
24	Fri	4:57	4.1	5:09	3.5	11:06	0.6	11:00	0.4	6:51	4:47	☀
25	Sat	5:37	4.3	5:50	3.5	11:51	0.5	11:38	0.3	6:52	4:47	☀
26	Sun	6:16	4.5	6:30	3.5			12:31	0.4	6:53	4:47	☀
27	Mon	6:56	4.7	7:11	3.5	12:16	0.2	1:10	0.3	6:54	4:46	☀
28	Tue	7:36	4.8	7:51	3.5	12:55	0.2	1:48	0.3	6:55	4:46	☀
29	Wed	8:18	4.8	8:32	3.4	1:34	0.2	2:28	0.3	6:56	4:46	☀
30	Thu	8:59	4.9	9:14	3.4	2:13	0.2	3:09	0.4	6:57	4:46	☀