

Sand Shoal Inlet, VA - Dec 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:41	4.8	9:57	3.4	2:54	0.2	3:52	0.4	6:58	4:45	
2	Sat	10:24	4.7	10:42	3.4	3:37	0.3	4:38	0.5	6:59	4:45	
3	Sun	11:09	4.6	11:31	3.4	4:26	0.3	5:27	0.4	7:00	4:45	
4	Mon	11:58	4.5			5:21	0.4	6:16	0.4	7:01	4:45	
5	Tue	12:26	3.5	12:50	4.3	6:21	0.4	7:07	0.3	7:02	4:45	
6	Wed	1:26	3.7	1:48	4.1	7:24	0.4	7:58	0.1	7:03	4:45	
7	Thu	2:28	4.1	2:48	3.9	8:29	0.3	8:51	0.0	7:04	4:45	
8	Fri	3:29	4.5	3:47	3.8	9:35	0.2	9:44	-0.2	7:04	4:45	
9	Sat	4:27	4.9	4:45	3.7	10:39	0.0	10:38	-0.4	7:05	4:45	
10	Sun	5:22	5.2	5:40	3.7	11:39	-0.2	11:32	-0.6	7:06	4:45	
11	Mon	6:16	5.5	6:34	3.7			12:36	-0.4	7:07	4:45	
12	Tue	7:10	5.6	7:27	3.7	12:25	-0.7	1:29	-0.4	7:07	4:45	
13	Wed	8:02	5.5	8:19	3.6	1:17	-0.8	2:20	-0.4	7:08	4:46	
14	Thu	8:54	5.4	9:10	3.6	2:08	-0.7	3:11	-0.3	7:09	4:46	
15	Fri	9:44	5.1	10:01	3.5	2:59	-0.6	4:01	-0.2	7:10	4:46	
16	Sat	10:33	4.8	10:52	3.4	3:51	-0.4	4:51	-0.1	7:10	4:47	
17	Sun	11:21	4.4	11:43	3.3	4:44	-0.1	5:40	0.1	7:11	4:47	
18	Mon			12:09	4.0	5:39	0.1	6:28	0.2	7:11	4:47	
19	Tue	12:37	3.3	12:58	3.6	6:37	0.4	7:14	0.3	7:12	4:48	
20	Wed	1:34	3.3	1:50	3.3	7:35	0.5	7:59	0.4	7:13	4:48	
21	Thu	2:31	3.4	2:44	3.1	8:34	0.6	8:43	0.4	7:13	4:49	
22	Fri	3:26	3.6	3:37	3.0	9:33	0.7	9:29	0.4	7:14	4:49	
23	Sat	4:17	3.8	4:28	2.9	10:29	0.6	10:15	0.3	7:14	4:50	
24	Sun	5:03	4.0	5:15	3.0	11:20	0.5	11:01	0.2	7:14	4:50	
25	Mon	5:48	4.2	5:59	3.1			12:05	0.4	7:15	4:51	
26	Tue	6:32	4.4	6:43	3.2			12:47	0.3	7:15	4:51	
27	Wed	7:15	4.6	7:27	3.3	12:29	0.0	1:27	0.2	7:16	4:52	
28	Thu	7:58	4.7	8:10	3.3	1:12	-0.1	2:08	0.1	7:16	4:53	
29	Fri	8:40	4.8	8:53	3.4	1:54	-0.2	2:49	0.1	7:16	4:54	
30	Sat	9:22	4.8	9:38	3.5	2:37	-0.2	3:30	0.0	7:16	4:54	
31	Sun	10:04	4.7	10:21	3.6	3:22	-0.2	4:13	0.0	7:17	4:55	