

Sand Shoal Inlet, VA - Apr 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			1:23	3.3	7:24	0.1	7:21	0.0	6:48	7:25	
2	Mon	2:03	4.5	2:29	3.1	8:30	0.3	8:27	0.1	6:47	7:26	
3	Tue	3:15	4.2	3:43	3.1	9:37	0.4	9:36	0.2	6:45	7:27	
4	Wed	4:27	4.1	4:53	3.3	10:42	0.4	10:44	0.2	6:44	7:28	
5	Thu	5:30	4.0	5:51	3.5	11:38	0.3	11:47	0.1	6:42	7:29	
6	Fri	6:21	4.0	6:38	3.8			12:24	0.2	6:41	7:29	
7	Sat	7:04	4.0	7:19	4.1	12:40	0.0	1:03	0.1	6:39	7:30	
8	Sun	7:43	3.9	7:58	4.3	1:26	-0.1	1:38	0.0	6:38	7:31	
9	Mon	8:20	3.9	8:35	4.5	2:07	-0.1	2:11	0.0	6:36	7:32	
10	Tue	8:57	3.8	9:13	4.6	2:45	-0.1	2:45	0.0	6:35	7:33	
11	Wed	9:35	3.7	9:52	4.6	3:23	-0.1	3:19	0.1	6:33	7:34	
12	Thu	10:13	3.6	10:31	4.6	4:00	0.1	3:54	0.2	6:32	7:35	
13	Fri	10:51	3.5	11:11	4.4	4:39	0.2	4:31	0.3	6:31	7:36	
14	Sat	11:31	3.3	11:53	4.3	5:21	0.4	5:12	0.5	6:29	7:37	
15	Sun			12:12	3.2	6:06	0.6	5:56	0.6	6:28	7:37	
16	Mon	12:39	4.2	12:58	3.1	6:55	0.8	6:47	0.7	6:26	7:38	
17	Tue	1:30	4.1	1:51	3.1	7:47	0.8	7:43	0.7	6:25	7:39	
18	Wed	2:26	4.0	2:51	3.2	8:42	0.8	8:43	0.7	6:24	7:40	
19	Thu	3:26	4.0	3:53	3.4	9:36	0.7	9:45	0.5	6:22	7:41	
20	Fri	4:24	4.1	4:51	3.8	10:28	0.5	10:46	0.3	6:21	7:42	
21	Sat	5:19	4.3	5:45	4.3	11:19	0.2	11:46	0.0	6:20	7:43	
22	Sun	6:11	4.4	6:36	4.8			12:08	0.0	6:19	7:44	
23	Mon	7:01	4.5	7:26	5.3	12:43	-0.3	12:56	-0.3	6:17	7:45	
24	Tue	7:51	4.4	8:16	5.6	1:37	-0.5	1:43	-0.5	6:16	7:46	
25	Wed	8:41	4.4	9:07	5.8	2:30	-0.6	2:31	-0.6	6:15	7:46	
26	Thu	9:32	4.2	9:59	5.8	3:22	-0.6	3:19	-0.6	6:13	7:47	
27	Fri	10:24	4.0	10:52	5.6	4:15	-0.5	4:10	-0.5	6:12	7:48	
28	Sat	11:16	3.8	11:47	5.3	5:10	-0.3	5:05	-0.3	6:11	7:49	
29	Sun			12:11	3.6	6:08	-0.1	6:03	-0.1	6:10	7:50	
30	Mon	12:44	4.9	1:10	3.4	7:09	0.1	7:06	0.1	6:09	7:51	