US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Oct 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**5:59**	4.2	**6:25**	4.8	**11:51**	0.5			6:58	6:47	
2	Tue	**6:45**	4.6	**7:09**	5.0	**12:26**	0.5	**12:42**	0.2	6:59	6:45	
3	Wed	**7:30**	5.1	**7:53**	5.0	**1:08**	0.2	**1:32**	0.0	7:00	6:44	
4	Thu	**8:16**	5.5	**8:38**	4.9	**1:50**	0.0	**2:21**	-0.2	7:01	6:42	
5	Fri	**9:03**	5.7	**9:25**	4.8	**2:32**	-0.2	**3:10**	-0.2	7:01	6:41	
6	Sat	**9:51**	5.9	**10:12**	4.6	**3:15**	-0.2	**4:00**	-0.2	7:02	6:39	
7	Sun	**10:41**	5.8	**11:01**	4.3	**4:01**	-0.2	**4:54**	0.0	7:03	6:38	
8	Mon	**11:33**	5.7	**11:54**	4.0	**4:51**	-0.1	**5:51**	0.2	7:04	6:36	
9	Tue			**12:30**	5.4	**5:46**	0.1	**6:53**	0.4	7:05	6:35	
10	Wed	**12:51**	3.7	**1:32**	5.1	**6:47**	0.3	**7:59**	0.6	7:06	6:33	
11	Thu	**1:56**	3.5	**2:40**	4.8	**7:53**	0.4	**9:06**	0.6	7:07	6:32	
12	Fri	**3:08**	3.5	**3:51**	4.6	**9:02**	0.5	**10:10**	0.6	7:08	6:30	
13	Sat	**4:22**	3.6	**4:57**	4.5	**10:11**	0.5	**11:08**	0.5	7:09	6:29	
14	Sun	**5:25**	3.9	**5:51**	4.5	**11:16**	0.4	**11:57**	0.4	7:10	6:28	
15	Mon	**6:16**	4.2	**6:37**	4.4			**12:14**	0.3	7:11	6:26	
16	Tue	**6:59**	4.5	**7:18**	4.3	**12:39**	0.3	**1:04**	0.2	7:11	6:25	
17	Wed	**7:39**	4.7	**7:57**	4.2	**1:16**	0.2	**1:48**	0.2	7:12	6:24	
18	Thu	**8:18**	4.9	**8:36**	4.1	**1:51**	0.2	**2:29**	0.2	7:13	6:22	
19	Fri	**8:57**	5.0	**9:14**	4.0	**2:26**	0.2	**3:07**	0.2	7:14	6:21	
20	Sat	**9:36**	5.0	**9:53**	3.9	**3:01**	0.2	**3:46**	0.3	7:15	6:20	
21	Sun	**10:16**	4.9	**10:33**	3.7	**3:37**	0.4	**4:26**	0.5	7:16	6:18	
22	Mon	**10:57**	4.8	**11:13**	3.5	**4:15**	0.5	**5:08**	0.7	7:17	6:17	
23	Tue	**11:40**	4.6	**11:56**	3.4	**4:55**	0.6	**5:53**	0.9	7:18	6:16	
24	Wed			**12:26**	4.4	**5:40**	0.8	**6:43**	1.0	7:19	6:15	
25	Thu	**12:43**	3.3	**1:16**	4.3	**6:30**	0.9	**7:35**	1.1	7:20	6:13	
26	Fri	**1:36**	3.2	**2:10**	4.2	**7:25**	1.0	**8:28**	1.1	7:21	6:12	
27	Sat	**2:35**	3.3	**3:07**	4.2	**8:24**	1.0	**9:19**	1.0	7:22	6:11	
28	Sun	**2:36**	3.5	**3:04**	4.3	**8:24**	0.9	**9:09**	0.8	6:23	5:10	
29	Mon	**3:33**	3.9	**3:57**	4.4	**9:24**	0.7	**9:57**	0.5	6:24	5:09	
30	Tue	**4:25**	4.4	**4:47**	4.5	**10:22**	0.4	**10:44**	0.3	6:25	5:07	
31	Wed	**5:14**	4.9	**5:35**	4.6	**11:18**	0.2	**11:30**	0.0	6:26	5:06	