US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Nov 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**6:02**	5.4	**6:23**	4.6			**12:11**	-0.1	6:27	5:05	
2	Fri	**6:51**	5.8	**7:12**	4.5	**12:17**	-0.3	**1:03**	-0.3	6:28	5:04	
3	Sat	**7:41**	6.0	**8:02**	4.4	**1:03**	-0.4	**1:54**	-0.3	6:29	5:03	
4	Sun	**8:32**	6.0	**8:53**	4.3	**1:51**	-0.5	**2:46**	-0.3	6:30	5:02	
5	Mon	**9:25**	5.9	**9:45**	4.1	**2:41**	-0.4	**3:41**	-0.2	6:31	5:01	
6	Tue	**10:19**	5.7	**10:40**	3.8	**3:34**	-0.3	**4:38**	0.0	6:32	5:00	
7	Wed	**11:15**	5.3	**11:38**	3.7	**4:31**	-0.1	**5:38**	0.2	6:33	4:59	
8	Thu			**12:15**	4.9	**5:33**	0.1	**6:40**	0.3	6:34	4:58	
9	Fri	**12:42**	3.5	**1:18**	4.6	**6:39**	0.3	**7:42**	0.4	6:35	4:57	
10	Sat	**1:52**	3.6	**2:24**	4.3	**7:47**	0.4	**8:40**	0.4	6:37	4:57	
11	Sun	**3:03**	3.7	**3:27**	4.0	**8:55**	0.5	**9:32**	0.3	6:38	4:56	
12	Mon	**4:04**	3.9	**4:21**	3.9	**10:00**	0.4	**10:20**	0.3	6:39	4:55	
13	Tue	**4:53**	4.2	**5:07**	3.8	**10:58**	0.4	**11:02**	0.2	6:40	4:54	
14	Wed	**5:35**	4.4	**5:49**	3.7	**11:48**	0.3	**11:41**	0.2	6:41	4:53	
15	Thu	**6:15**	4.6	**6:28**	3.6			**12:31**	0.3	6:42	4:53	
16	Fri	**6:53**	4.8	**7:07**	3.6	**12:18**	0.2	**1:10**	0.3	6:43	4:52	
17	Sat	**7:32**	4.8	**7:47**	3.6	**12:55**	0.2	**1:47**	0.3	6:44	4:51	
18	Sun	**8:12**	4.8	**8:27**	3.5	**1:32**	0.2	**2:25**	0.3	6:45	4:51	
19	Mon	**8:52**	4.8	**9:07**	3.5	**2:09**	0.2	**3:03**	0.4	6:46	4:50	
20	Tue	**9:34**	4.7	**9:48**	3.4	**2:48**	0.3	**3:44**	0.5	6:47	4:50	
21	Wed	**10:15**	4.6	**10:31**	3.3	**3:28**	0.4	**4:27**	0.7	6:48	4:49	
22	Thu	**10:58**	4.5	**11:16**	3.3	**4:12**	0.5	**5:12**	0.7	6:49	4:48	
23	Fri	**11:42**	4.3			**5:00**	0.6	**5:59**	0.8	6:50	4:48	
24	Sat	**12:05**	3.3	**12:30**	4.2	**5:53**	0.7	**6:47**	0.7	6:51	4:48	
25	Sun	**12:59**	3.4	**1:22**	4.1	**6:51**	0.7	**7:35**	0.6	6:52	4:47	
26	Mon	**1:57**	3.6	**2:18**	4.0	**7:51**	0.7	**8:24**	0.4	6:53	4:47	
27	Tue	**2:55**	4.0	**3:14**	4.0	**8:53**	0.5	**9:14**	0.2	6:54	4:46	
28	Wed	**3:51**	4.5	**4:10**	4.0	**9:55**	0.3	**10:05**	0.0	6:55	4:46	
29	Thu	**4:45**	4.9	**5:03**	4.0	**10:55**	0.1	**10:57**	-0.3	6:56	4:46	
30	Fri	**5:38**	5.4	**5:56**	4.0	**11:52**	-0.2	**11:49**	-0.5	6:57	4:46	