US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Jan 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:04	5.5	8:21	3.9	1:20	-1.0	2:17	-0.6	7:17	4:56	
2	Wed	8:56	5.4	9:14	3.9	2:13	-1.0	3:07	-0.7	7:17	4:56	
3	Thu	9:46	5.1	10:07	3.9	3:06	-0.9	3:56	-0.6	7:17	4:57	
4	Fri	10:34	4.7	10:58	3.9	4:00	-0.7	4:45	-0.5	7:17	4:58	
5	Sat	11:22	4.3	11:51	3.8	4:56	-0.4	5:34	-0.3	7:17	4:59	
6	Sun			12:10	3.8	5:53	-0.1	6:22	-0.2	7:17	5:00	
7	Mon	12:45	3.7	1:01	3.4	6:52	0.2	7:10	0.0	7:17	5:01	
8	Tue	1:43	3.6	1:55	3.0	7:53	0.4	7:59	0.1	7:17	5:02	
9	Wed	2:42	3.6	2:52	2.8	8:55	0.5	8:49	0.2	7:17	5:02	
10	Thu	3:41	3.7	3:48	2.7	9:57	0.5	9:40	0.2	7:17	5:03	
11	Fri	4:34	3.8	4:40	2.7	10:55	0.5	10:30	0.1	7:17	5:04	
12	Sat	5:22	4.0	5:28	2.8	11:43	0.4	11:18	0.0	7:16	5:05	
13	Sun	6:07	4.1	6:13	3.0			12:25	0.3	7:16	5:06	
14	Mon	6:49	4.3	6:56	3.1	12:03	-0.1	1:02	0.2	7:16	5:07	
15	Tue	7:30	4.4	7:38	3.3	12:45	-0.2	1:38	0.2	7:16	5:08	
16	Wed	8:09	4.5	8:19	3.4	1:26	-0.2	2:14	0.1	7:15	5:09	
17	Thu	8:48	4.5	9:00	3.5	2:06	-0.3	2:50	0.0	7:15	5:10	
18	Fri	9:25	4.5	9:41	3.6	2:46	-0.2	3:27	0.0	7:15	5:11	
19	Sat	10:03	4.4	10:22	3.8	3:29	-0.2	4:05	0.0	7:14	5:12	
20	Sun	10:42	4.2	11:06	3.9	4:14	-0.1	4:45	0.0	7:14	5:14	
21	Mon	11:24	3.9	11:54	3.9	5:04	0.0	5:29	0.0	7:13	5:15	
22	Tue			12:11	3.6	5:59	0.2	6:17	0.0	7:13	5:16	
23	Wed	12:48	4.0	1:05	3.3	6:59	0.2	7:09	-0.1	7:12	5:17	
24	Thu	1:49	4.2	2:07	3.1	8:03	0.3	8:07	-0.1	7:12	5:18	
25	Fri	2:55	4.3	3:13	3.1	9:11	0.2	9:09	-0.3	7:11	5:19	
26	Sat	4:01	4.5	4:18	3.1	10:18	0.1	10:13	-0.5	7:10	5:20	
27	Sun	5:04	4.8	5:20	3.3	11:22	-0.1	11:15	-0.7	7:10	5:21	
28	Mon	6:02	5.0	6:17	3.5			12:19	-0.4	7:09	5:22	
29	Tue	6:57	5.1	7:12	3.8	12:13	-0.9	1:10	-0.6	7:08	5:23	
30	Wed	7:48	5.1	8:05	4.0	1:08	-1.0	1:58	-0.7	7:07	5:24	
31	Thu	8:37	5.0	8:55	4.1	2:00	-1.1	2:43	-0.7	7:07	5:25	