



Sand Shoal Inlet, VA - Mar 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:14	4.6	8:31	4.4	1:46	-0.9	2:13	-0.6	6:34	5:56	☉
2	Sat	8:57	4.4	9:16	4.5	2:33	-0.8	2:53	-0.5	6:33	5:57	☉
3	Sun	9:38	4.1	9:59	4.4	3:19	-0.6	3:33	-0.4	6:31	5:58	☉
4	Mon	10:19	3.8	10:42	4.3	4:05	-0.3	4:13	-0.2	6:30	5:59	☾
5	Tue	11:01	3.4	11:27	4.0	4:51	0.0	4:55	0.0	6:28	6:00	☾
6	Wed	11:44	3.1			5:40	0.3	5:40	0.2	6:27	6:01	☾
7	Thu	12:15	3.8	12:31	2.9	6:32	0.5	6:29	0.4	6:26	6:02	☾
8	Fri	1:09	3.6	1:26	2.7	7:27	0.7	7:23	0.5	6:24	6:03	☾
9	Sat	2:11	3.5	2:26	2.7	8:26	0.8	8:20	0.5	6:23	6:04	☾
10	Sun	3:15	3.6	3:28	2.8	9:25	0.8	9:19	0.5	6:21	6:05	☾
11	Mon	4:13	3.7	4:24	3.0	10:20	0.8	10:15	0.3	6:20	6:06	☾
12	Tue	5:03	3.9	5:13	3.4	11:07	0.6	11:07	0.2	6:18	6:07	☾
13	Wed	5:47	4.2	5:59	3.7	11:48	0.4	11:54	0.0	6:17	6:08	☾
14	Thu	6:28	4.3	6:42	4.1			12:27	0.1	6:15	6:08	☾
15	Fri	7:09	4.4	7:24	4.4	12:40	-0.2	1:05	-0.1	6:14	6:09	☾
16	Sat	7:50	4.5	8:07	4.7	1:24	-0.4	1:43	-0.2	6:12	6:10	☾
17	Sun	8:31	4.4	8:50	4.9	2:08	-0.4	2:22	-0.3	6:11	6:11	☾
18	Mon	9:13	4.3	9:34	5.0	2:54	-0.4	3:03	-0.3	6:09	6:12	☾
19	Tue	9:57	4.1	10:22	5.0	3:42	-0.3	3:47	-0.3	6:08	6:13	☾
20	Wed	10:43	3.8	11:12	4.9	4:33	-0.2	4:36	-0.2	6:06	6:14	☾
21	Thu	11:34	3.5			5:30	0.0	5:30	-0.1	6:05	6:15	☾
22	Fri	12:09	4.7	12:31	3.3	6:31	0.2	6:31	0.0	6:03	6:16	☾
23	Sat	1:13	4.5	1:37	3.2	7:36	0.3	7:36	0.1	6:02	6:17	☾
24	Sun	2:23	4.3	2:49	3.2	8:42	0.3	8:45	0.0	6:00	6:18	☾
25	Mon	3:33	4.3	3:58	3.4	9:47	0.2	9:53	-0.1	5:59	6:18	☾
26	Tue	4:37	4.4	4:58	3.7	10:45	0.1	10:57	-0.2	5:57	6:19	☾
27	Wed	5:32	4.4	5:51	4.1	11:36	-0.1	11:54	-0.4	5:56	6:20	☉
28	Thu	6:20	4.4	6:39	4.4			12:21	-0.3	5:54	6:21	☉
29	Fri	7:05	4.3	7:23	4.6	12:45	-0.5	1:02	-0.3	5:53	6:22	☉
30	Sat	7:48	4.2	8:06	4.7	1:31	-0.5	1:41	-0.4	5:51	6:23	☉
31	Sun	8:29	4.0	8:47	4.7	2:15	-0.5	2:19	-0.3	5:50	6:24	☉