US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Mar 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**8:14**	4.6	**8:31**	4.4	**1:46**	-0.9	**2:13**	-0.6	6:34	5:56	
2	Sat	**8:57**	4.4	**9:16**	4.5	**2:33**	-0.8	**2:53**	-0.5	6:33	5:57	
3	Sun	**9:38**	4.1	**9:59**	4.4	**3:19**	-0.6	**3:33**	-0.4	6:31	5:58	
4	Mon	**10:19**	3.8	**10:42**	4.3	**4:05**	-0.3	**4:13**	-0.2	6:30	5:59	
5	Tue	**11:01**	3.4	**11:27**	4.0	**4:51**	0.0	**4:55**	0.0	6:28	6:00	
6	Wed	**11:44**	3.1			**5:40**	0.3	**5:40**	0.2	6:27	6:01	
7	Thu	**12:15**	3.8	**12:31**	2.9	**6:32**	0.5	**6:29**	0.4	6:26	6:02	
8	Fri	**1:09**	3.6	**1:26**	2.7	**7:27**	0.7	**7:23**	0.5	6:24	6:03	
9	Sat	**2:11**	3.5	**2:26**	2.7	**8:26**	0.8	**8:20**	0.5	6:23	6:04	
10	Sun	**3:15**	3.6	**3:28**	2.8	**9:25**	0.8	**9:19**	0.5	6:21	6:05	
11	Mon	**4:13**	3.7	**4:24**	3.0	**10:20**	0.8	**10:15**	0.3	6:20	6:06	
12	Tue	**5:03**	3.9	**5:13**	3.4	**11:07**	0.6	**11:07**	0.2	6:18	6:07	
13	Wed	**5:47**	4.2	**5:59**	3.7	**11:48**	0.4	**11:54**	0.0	6:17	6:08	
14	Thu	**6:28**	4.3	**6:42**	4.1			**12:27**	0.1	6:15	6:08	
15	Fri	**7:09**	4.4	**7:24**	4.4	**12:40**	-0.2	**1:05**	-0.1	6:14	6:09	
16	Sat	**7:50**	4.5	**8:07**	4.7	**1:24**	-0.4	**1:43**	-0.2	6:12	6:10	
17	Sun	**8:31**	4.4	**8:50**	4.9	**2:08**	-0.4	**2:22**	-0.3	6:11	6:11	
18	Mon	**9:13**	4.3	**9:34**	5.0	**2:54**	-0.4	**3:03**	-0.3	6:09	6:12	
19	Tue	**9:57**	4.1	**10:22**	5.0	**3:42**	-0.3	**3:47**	-0.3	6:08	6:13	
20	Wed	**10:43**	3.8	**11:12**	4.9	**4:33**	-0.2	**4:36**	-0.2	6:06	6:14	
21	Thu	**11:34**	3.5			**5:30**	0.0	**5:30**	-0.1	6:05	6:15	
22	Fri	**12:09**	4.7	**12:31**	3.3	**6:31**	0.2	**6:31**	0.0	6:03	6:16	
23	Sat	**1:13**	4.5	**1:37**	3.2	**7:36**	0.3	**7:36**	0.1	6:02	6:17	
24	Sun	**2:23**	4.3	**2:49**	3.2	**8:42**	0.3	**8:45**	0.0	6:00	6:18	
25	Mon	**3:33**	4.3	**3:58**	3.4	**9:47**	0.2	**9:53**	-0.1	5:59	6:18	
26	Tue	**4:37**	4.4	**4:58**	3.7	**10:45**	0.1	**10:57**	-0.2	5:57	6:19	
27	Wed	**5:32**	4.4	**5:51**	4.1	**11:36**	-0.1	**11:54**	-0.4	5:56	6:20	
28	Thu	**6:20**	4.4	**6:39**	4.4			**12:21**	-0.3	5:54	6:21	
29	Fri	**7:05**	4.3	**7:23**	4.6	**12:45**	-0.5	**1:02**	-0.3	5:53	6:22	
30	Sat	**7:48**	4.2	**8:06**	4.7	**1:31**	-0.5	**1:41**	-0.4	5:51	6:23	
31	Sun	**8:29**	4.0	**8:47**	4.7	**2:15**	-0.5	**2:19**	-0.3	5:50	6:24	