
































## Sand Shoal Inlet, VA - Jun 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:20	3.4	11:43	4.4	5:13	0.5	5:01	0.5	5:44	8:17	
2	Sun			12:03	3.4	5:54	0.6	5:47	0.6	5:43	8:18	
3	Mon	12:25	4.3	12:49	3.4	6:37	0.6	6:37	0.7	5:43	8:18	
4	Tue	1:09	4.1	1:38	3.5	7:21	0.6	7:31	0.8	5:43	8:19	
5	Wed	1:56	3.9	2:31	3.7	8:06	0.6	8:27	0.7	5:42	8:20	
6	Thu	2:48	3.8	3:26	4.0	8:53	0.5	9:26	0.7	5:42	8:20	
7	Fri	3:43	3.7	4:22	4.4	9:41	0.4	10:26	0.5	5:42	8:21	
8	Sat	4:39	3.7	5:16	4.8	10:32	0.2	11:26	0.3	5:42	8:21	
9	Sun	5:35	3.8	6:10	5.2	11:25	0.0			5:42	8:22	
10	Mon	6:29	3.8	7:03	5.5	12:25	0.1	12:19	-0.2	5:42	8:22	
11	Tue	7:23	3.9	7:56	5.8	1:21	-0.1	1:13	-0.4	5:41	8:23	
12	Wed	8:17	4.0	8:50	5.9	2:15	-0.3	2:07	-0.6	5:41	8:23	
13	Thu	9:12	4.0	9:44	5.8	3:07	-0.4	3:00	-0.6	5:41	8:24	
14	Fri	10:07	4.1	10:38	5.7	4:00	-0.4	3:55	-0.6	5:41	8:24	
15	Sat	11:02	4.1	11:30	5.4	4:52	-0.4	4:51	-0.5	5:41	8:25	
16	Sun	11:57	4.1			5:46	-0.3	5:50	-0.3	5:41	8:25	
17	Mon	12:23	4.9	12:54	4.0	6:39	-0.2	6:52	0.0	5:42	8:25	
18	Tue	1:16	4.5	1:53	4.0	7:32	-0.1	7:56	0.2	5:42	8:26	
19	Wed	2:12	4.0	2:55	4.1	8:23	0.0	9:00	0.4	5:42	8:26	
20	Thu	3:10	3.6	3:56	4.1	9:14	0.1	10:05	0.5	5:42	8:26	
21	Fri	4:08	3.3	4:53	4.2	10:04	0.2	11:09	0.5	5:42	8:26	
22	Sat	5:04	3.2	5:44	4.4	10:53	0.2			5:42	8:27	
23	Sun	5:55	3.1	6:30	4.5	12:07	0.5	11:42 AM	0.3	5:43	8:27	
24	Mon	6:41	3.1	7:13	4.6	12:56	0.4	12:28	0.2	5:43	8:27	
25	Tue	7:25	3.2	7:55	4.7	1:38	0.4	1:12	0.2	5:43	8:27	
26	Wed	8:07	3.3	8:36	4.7	2:16	0.4	1:53	0.2	5:44	8:27	
27	Thu	8:50	3.4	9:17	4.8	2:53	0.3	2:34	0.1	5:44	8:27	
28	Fri	9:32	3.5	9:57	4.7	3:29	0.3	3:14	0.2	5:44	8:27	
29	Sat	10:13	3.5	10:36	4.7	4:06	0.4	3:54	0.3	5:45	8:27	
30	Sun	10:54	3.6	11:15	4.5	4:43	0.4	4:36	0.4	5:45	8:27	